1  
00:00:03,930 --> 00:00:05,610  
各位同学同仁啊  
  
2  
00:00:05,610 --> 00:00:06,450  
大家早上好  
  
3  
00:00:06,730 --> 00:00:09,010  
咱们呢接着讲咱们的金匮要略  
  
4  
00:00:09,450 --> 00:00:12,770  
今天讲到了水气病脉症并治第14啊  
  
5  
00:00:12,850 --> 00:00:16,570  
承接之前的消渴小便利淋病相应的篇目  
  
6  
00:00:17,260 --> 00:00:18,340  
讲到水汽呢  
  
7  
00:00:19,780 --> 00:00:21,420  
它这个是一个大话题啊  
  
8  
00:00:21,420 --> 00:00:22,460  
为什么这么说  
  
9  
00:00:23,560 --> 00:00:24,760  
人生在世啊  
  
10  
00:00:24,800 --> 00:00:26,360  
那么实际上阴阳啊  
  
11  
00:00:26,600 --> 00:00:28,000  
人之生本于阴阳  
  
12  
00:00:28,560 --> 00:00:29,360  
那么阴阳呢  
  
13  
00:00:29,440 --> 00:00:31,570  
以水火为其征兆啊  
  
14  
00:00:31,610 --> 00:00:37,170  
水和火是人们生存生活不可或缺的一个很必要的因素  
  
15  
00:00:37,960 --> 00:00:39,240  
那么我们讲呢  
  
16  
00:00:40,000 --> 00:00:42,840  
水能载舟，亦能覆舟  
  
17  
00:00:43,640 --> 00:00:44,400  
人无水  
  
18  
00:00:45,360 --> 00:00:47,640  
则生命不能有造化  
  
19  
00:00:48,360 --> 00:00:49,760  
但是水之太过  
  
20  
00:00:50,280 --> 00:00:54,080  
或者叫不能为人参所统御，啊  
  
21  
00:00:54,200 --> 00:00:54,920  
则一样呢  
  
22  
00:00:55,000 --> 00:00:56,160  
会为病啊  
  
23  
00:00:56,160 --> 00:00:57,880  
那么这个就是所谓的水气病  
  
24  
00:00:58,520 --> 00:01:03,100  
因此说在人体之中，所谓脏腑经脉  
  
25  
00:01:03,260 --> 00:01:04,140  
形体官窍  
  
26  
00:01:04,780 --> 00:01:08,460  
无一不依靠水的作用的前提下  
  
27  
00:01:08,970 --> 00:01:11,170  
水气为病就是一个大命题啊  
  
28  
00:01:11,210 --> 00:01:14,370  
因此，为什么你看看这个金匮的水气篇  
  
29  
00:01:14,650 --> 00:01:15,770  
它的篇幅非常大  
  
30  
00:01:15,810 --> 00:01:16,850  
我计划呢  
  
31  
00:01:17,170 --> 00:01:20,050  
我们得起码三次课吧啊  
  
32  
00:01:20,130 --> 00:01:22,730  
咱们能把这个水汽梗概把它说完  
  
33  
00:01:23,570 --> 00:01:23,850  
嗯  
  
34  
00:01:25,100 --> 00:01:26,700  
那么原因就在于这啊  
  
35  
00:01:26,860 --> 00:01:28,260  
因为水汽内涵特别大  
  
36  
00:01:28,620 --> 00:01:30,540  
你了解了整个的水汽的循行  
  
37  
00:01:31,140 --> 00:01:33,380  
基本上也就把人的生理了解了  
  
38  
00:01:33,790 --> 00:01:34,390  
相反呢  
  
39  
00:01:34,430 --> 00:01:36,710  
你了解了水气的障碍  
  
40  
00:01:37,150 --> 00:01:40,550  
也基本上就把人的病理把它想明白了  
  
41  
00:01:41,080 --> 00:01:47,180  
而如何让病理状态的水重新回归到生理状态  
  
42  
00:01:47,500 --> 00:01:48,300  
那么我们呢  
  
43  
00:01:48,300 --> 00:01:52,180  
也就把中医的很多治疗层面的一些官窍  
  
44  
00:01:52,740 --> 00:01:54,340  
把它进行了梳理  
  
45  
00:01:55,350 --> 00:01:58,230  
呃，我记得在我上学的早年间呢  
  
46  
00:01:58,230 --> 00:02:02,690  
也拜读过刘度周老的水并论啊  
  
47  
00:02:02,690 --> 00:02:04,170  
这个这个所谓水病  
  
48  
00:02:04,770 --> 00:02:04,970  
呃  
  
49  
00:02:05,090 --> 00:02:06,210  
那么他在其中呢  
  
50  
00:02:06,290 --> 00:02:09,680  
也从以伤寒论为主线和立角  
  
51  
00:02:09,759 --> 00:02:13,400  
那么把人体的水气胃病给梳理下来啊  
  
52  
00:02:13,440 --> 00:02:14,320  
那么这一个呢  
  
53  
00:02:14,880 --> 00:02:16,410  
呃，咱们说  
  
54  
00:02:17,410 --> 00:02:20,130  
我们再次的从金匮要略的角度啊  
  
55  
00:02:20,570 --> 00:02:22,990  
那么把水汽的问题，呃  
  
56  
00:02:23,070 --> 00:02:26,870  
依据金匮要略，把它做一个整理啊  
  
57  
00:02:28,380 --> 00:02:29,740  
那么我们开始看条文  
  
58  
00:02:30,950 --> 00:02:32,070  
呃，条文呢  
  
59  
00:02:32,070 --> 00:02:33,750  
那么金匮要略  
  
60  
00:02:34,550 --> 00:02:37,750  
水气病脉证第14的第一条失约  
  
61  
00:02:38,680 --> 00:02:39,360  
这一条呢  
  
62  
00:02:39,800 --> 00:02:40,520  
挺长的  
  
63  
00:02:40,520 --> 00:02:41,840  
你看一直到哪呢  
  
64  
00:02:42,400 --> 00:02:44,520  
一直到最后久不愈  
  
65  
00:02:45,130 --> 00:02:48,290  
币制雍农到这儿他整整是一条  
  
66  
00:02:49,000 --> 00:02:52,280  
在这首先我要跟大家提一个问题啊  
  
67  
00:02:52,960 --> 00:02:56,110  
这一条实际上是干什么呢  
  
68  
00:02:56,350 --> 00:02:57,350  
它非常重要啊  
  
69  
00:02:57,750 --> 00:03:00,110  
实际上这一条是在给全篇  
  
70  
00:03:00,670 --> 00:03:06,050  
也就是整个第14篇做一个什么提纲挈领啊  
  
71  
00:03:06,050 --> 00:03:11,290  
我以前也常常跟大家讲古人写文章的特点啊  
  
72  
00:03:11,690 --> 00:03:14,450  
那么包括古人做学问的特点  
  
73  
00:03:14,810 --> 00:03:18,090  
往往是把最核心和最主旨的东西讲在一开始  
  
74  
00:03:19,130 --> 00:03:21,850  
或者是非常呃提炼的  
  
75  
00:03:22,090 --> 00:03:23,570  
那么古人往往都有这个特征  
  
76  
00:03:23,810 --> 00:03:24,810  
非常提炼的  
  
77  
00:03:24,810 --> 00:03:29,130  
把他的核心的问题在第一句话或者开头或者序言之中  
  
78  
00:03:29,380 --> 00:03:31,500  
或者凡例之中，先给你说出来  
  
79  
00:03:31,780 --> 00:03:32,700  
说出来之后呢  
  
80  
00:03:33,020 --> 00:03:35,300  
那么后头整部著作或者整本书  
  
81  
00:03:35,550 --> 00:03:36,870  
实际上他是在干什么呢  
  
82  
00:03:37,190 --> 00:03:39,430  
其实你一细琢磨就发现了，非常有意思  
  
83  
00:03:39,790 --> 00:03:46,460  
后面整部书几乎就是在为这一句话做解释啊  
  
84  
00:03:46,500 --> 00:03:47,300  
或者做教注  
  
85  
00:03:47,660 --> 00:03:49,820  
因此你看这一句话非常好玩  
  
86  
00:03:50,180 --> 00:03:52,860  
他说诗曰，病有什么呢  
  
87  
00:03:53,870 --> 00:03:55,390  
他提了五种水  
  
88  
00:03:56,270 --> 00:03:58,630  
风水皮水、正水时水  
  
89  
00:03:59,030 --> 00:04:01,220  
还有一个皇汉，啊  
  
90  
00:04:01,540 --> 00:04:01,900  
黄汉  
  
91  
00:04:01,900 --> 00:04:02,940  
虽然他没叫水  
  
92  
00:04:03,020 --> 00:04:06,060  
但是我们也把它归到水气病里头啊  
  
93  
00:04:06,540 --> 00:04:07,840  
呃，黄呢  
  
94  
00:04:07,840 --> 00:04:09,560  
为脾之正色啊  
  
95  
00:04:09,600 --> 00:04:10,360  
脾之正色  
  
96  
00:04:11,230 --> 00:04:14,550  
那么风水皮水，正水时水黄汉一共五种啊  
  
97  
00:04:15,070 --> 00:04:16,230  
那么这个无水呢  
  
98  
00:04:16,589 --> 00:04:20,079  
实际上它的提法基本上就窃领提纲  
  
99  
00:04:20,240 --> 00:04:24,800  
首先把这个全篇的核心掩目给咱们点出来了啊  
  
100  
00:04:24,840 --> 00:04:27,680  
那么后头的长篇大论  
  
101  
00:04:28,280 --> 00:04:31,860  
无非就是在为这一句话在做注释啊  
  
102  
00:04:31,860 --> 00:04:33,780  
给你分别的讲风水是什么  
  
103  
00:04:33,820 --> 00:04:34,700  
皮水是什么  
  
104  
00:04:35,100 --> 00:04:36,140  
正水怎么回事  
  
105  
00:04:36,140 --> 00:04:36,420  
对吧  
  
106  
00:04:36,740 --> 00:04:38,380  
那么实水是什么特点  
  
107  
00:04:38,380 --> 00:04:39,680  
该怎么治啊  
  
108  
00:04:40,160 --> 00:04:44,480  
那么后头都是在讲这个呃，类似体力呢  
  
109  
00:04:44,480 --> 00:04:46,080  
实际在金匮之中比较多  
  
110  
00:04:46,080 --> 00:04:47,320  
你比如说痰饮的时候  
  
111  
00:04:47,320 --> 00:04:49,750  
我们说伏吟有四是不是啊  
  
112  
00:04:50,110 --> 00:04:50,310  
哎  
  
113  
00:04:50,470 --> 00:04:52,190  
巳寅呃，奔腾呢  
  
114  
00:04:52,190 --> 00:04:53,710  
有所谓四部病啊  
  
115  
00:04:54,110 --> 00:04:54,510  
那么  
  
116  
00:04:55,140 --> 00:04:57,740  
一开始他都是提纲挈领的给你说出来  
  
117  
00:04:58,180 --> 00:05:01,220  
那么在这呢，我要澄清的一个问题啊  
  
118  
00:05:01,220 --> 00:05:02,460  
以后我会提  
  
119  
00:05:02,540 --> 00:05:03,740  
但是会提的不多  
  
120  
00:05:04,190 --> 00:05:05,790  
在这大家一定要注意一个问题  
  
121  
00:05:05,790 --> 00:05:07,230  
我们后头说的风水，湿水  
  
122  
00:05:07,230 --> 00:05:08,230  
脾水等等啊  
  
123  
00:05:08,230 --> 00:05:11,830  
这些水在今天的临床之中，你到呃  
  
124  
00:05:11,990 --> 00:05:14,540  
比如你去吉大医院去挂号啊  
  
125  
00:05:15,060 --> 00:05:17,420  
那那这个你是没法对号入座的  
  
126  
00:05:17,460 --> 00:05:19,620  
你没法跟现代医学直接的对号入座  
  
127  
00:05:19,980 --> 00:05:20,780  
但是他呢  
  
128  
00:05:21,060 --> 00:05:21,820  
换句话说  
  
129  
00:05:22,680 --> 00:05:25,560  
那不是因为你不提它，它就消失了  
  
130  
00:05:26,080 --> 00:05:27,920  
只是他以另一种形式呢  
  
131  
00:05:28,160 --> 00:05:29,600  
那么很多医生不认识他  
  
132  
00:05:30,000 --> 00:05:31,680  
那么我们今天所要干的事，儿  
  
133  
00:05:31,800 --> 00:05:33,840  
也就是要重新的认识一下  
  
134  
00:05:33,880 --> 00:05:37,280  
古人是怎么理解这个水水汽啊  
  
135  
00:05:39,390 --> 00:05:42,310  
呃，那么首先他分别描述了五种水啊  
  
136  
00:05:42,350 --> 00:05:43,870  
也就第一条干的这个事  
  
137  
00:05:44,310 --> 00:05:45,470  
那么风水是什么呢  
  
138  
00:05:45,470 --> 00:05:47,670  
他说，其脉怎么样呢  
  
139  
00:05:47,670 --> 00:05:49,390  
自浮外正  
  
140  
00:05:50,150 --> 00:05:51,590  
骨节疼痛，无风  
  
141  
00:05:52,850 --> 00:05:55,130  
呃，讲到这啊  
  
142  
00:05:55,170 --> 00:05:55,770  
讲到这  
  
143  
00:05:56,130 --> 00:06:00,240  
那么首先卖服务，我们说就有表证  
  
144  
00:06:01,020 --> 00:06:01,700  
骨节疼痛  
  
145  
00:06:01,700 --> 00:06:02,380  
而恶风呢  
  
146  
00:06:03,060 --> 00:06:04,980  
看似就是一个什么状态呀  
  
147  
00:06:05,540 --> 00:06:09,220  
特别像伤寒论的太阳病是吧  
  
148  
00:06:09,860 --> 00:06:10,060  
哎  
  
149  
00:06:10,180 --> 00:06:10,780  
实则呢  
  
150  
00:06:10,820 --> 00:06:12,060  
它也是偏于表  
  
151  
00:06:12,690 --> 00:06:13,970  
我们讲，呃  
  
152  
00:06:14,210 --> 00:06:16,330  
风能生万物，亦能害万物  
  
153  
00:06:16,410 --> 00:06:18,490  
风为百病之长啊  
  
154  
00:06:18,530 --> 00:06:19,490  
那么因此说呢  
  
155  
00:06:19,490 --> 00:06:21,930  
这个命名为风水啊  
  
156  
00:06:21,970 --> 00:06:24,010  
讲这个是从外感而来的，水啊  
  
157  
00:06:24,290 --> 00:06:25,090  
叫风水  
  
158  
00:06:26,120 --> 00:06:28,040  
呃，脾水是什么特点呢  
  
159  
00:06:28,400 --> 00:06:30,360  
其脉一浮啊  
  
160  
00:06:30,480 --> 00:06:32,120  
其脉一浮，呃  
  
161  
00:06:33,120 --> 00:06:36,070  
那么他讲外症是什么呢  
  
162  
00:06:36,070 --> 00:06:38,070  
浮肿暗之末，止不误  
  
163  
00:06:38,070 --> 00:06:39,620  
风，其腹如鼓  
  
164  
00:06:39,740 --> 00:06:40,980  
不可当发其汗  
  
165  
00:06:41,500 --> 00:06:43,380  
那么你看风水和皮水  
  
166  
00:06:43,380 --> 00:06:45,340  
它都有一个脉浮的特点  
  
167  
00:06:45,820 --> 00:06:47,180  
但是二者之间呢  
  
168  
00:06:47,420 --> 00:06:51,270  
实际上你仔细的看二者的这个内涵  
  
169  
00:06:51,510 --> 00:06:53,390  
他俩就不太一样了啊  
  
170  
00:06:53,390 --> 00:06:54,270  
为什么这么说呢  
  
171  
00:06:54,910 --> 00:06:56,350  
呃，一个呢  
  
172  
00:06:57,660 --> 00:07:02,060  
那一个是这个我们讲以骨节和疼痛和恶风为主，对不对啊  
  
173  
00:07:02,500 --> 00:07:03,540  
一个是以什么呀  
  
174  
00:07:04,100 --> 00:07:05,220  
按了之后肿  
  
175  
00:07:05,830 --> 00:07:07,510  
什么叫按之墨指啊  
  
176  
00:07:08,030 --> 00:07:12,420  
就是你按下去之后一抬起来一个坑啊  
  
177  
00:07:12,460 --> 00:07:15,660  
这个现在在很多水肿病患者里头都有啊  
  
178  
00:07:15,700 --> 00:07:16,660  
所以有的时候呢  
  
179  
00:07:17,220 --> 00:07:21,620  
这个需要我们怎么样需要我们临床中仔细的观察啊  
  
180  
00:07:21,660 --> 00:07:23,420  
那么才能知道它的来龙去脉  
  
181  
00:07:23,990 --> 00:07:24,190  
呃  
  
182  
00:07:24,350 --> 00:07:26,550  
相对于皮水来说呢  
  
183  
00:07:27,350 --> 00:07:29,230  
第一个我们说的风水啊  
  
184  
00:07:30,030 --> 00:07:32,120  
第一个我们说的风水，呃  
  
185  
00:07:32,160 --> 00:07:37,160  
它就偏于我们讲这个所谓水被什么东西给阻遏住了  
  
186  
00:07:37,610 --> 00:07:38,690  
外斜是不是啊  
  
187  
00:07:39,130 --> 00:07:40,770  
那么很很正常  
  
188  
00:07:40,770 --> 00:07:41,970  
就是所谓斜犯太阳  
  
189  
00:07:42,320 --> 00:07:43,560  
斜犯太阳之后呢  
  
190  
00:07:44,000 --> 00:07:45,960  
那么太阳本身就主含水嘛  
  
191  
00:07:46,320 --> 00:07:48,520  
那么就造成水气代谢失常  
  
192  
00:07:49,650 --> 00:07:51,650  
哎，之后就就水就堵这了  
  
193  
00:07:51,970 --> 00:07:54,210  
那么风水常常见于什么  
  
194  
00:07:54,210 --> 00:07:55,250  
见于急性肾炎  
  
195  
00:07:56,250 --> 00:07:57,770  
呃，咱们说这个皮水呢  
  
196  
00:07:58,810 --> 00:08:04,090  
它不是那种呃骨节疼痛、恶风的状态相相反啊  
  
197  
00:08:04,090 --> 00:08:06,090  
它有一个对举啊  
  
198  
00:08:06,090 --> 00:08:08,570  
这个我经常给大家讲伤寒和金匮条文  
  
199  
00:08:08,570 --> 00:08:10,010  
它是不是总是对比着讲啊  
  
200  
00:08:10,320 --> 00:08:12,680  
那么我本人也经常喜欢这么讲条文  
  
201  
00:08:12,920 --> 00:08:15,860  
因此风和皮你可以对比着去看，脾  
  
202  
00:08:15,860 --> 00:08:16,060  
呃  
  
203  
00:08:16,060 --> 00:08:18,380  
那我们说风水是物，风皮水是什么啊  
  
204  
00:08:18,810 --> 00:08:19,370  
不误风  
  
205  
00:08:19,530 --> 00:08:21,970  
这个你就一对比之后，你就很清晰了  
  
206  
00:08:22,210 --> 00:08:23,450  
一个外感特征更强  
  
207  
00:08:23,530 --> 00:08:24,930  
一个外感特征什么样啊  
  
208  
00:08:25,130 --> 00:08:25,770  
不明显  
  
209  
00:08:26,020 --> 00:08:28,860  
但是它虽然不误封，它有一个现象  
  
210  
00:08:29,180 --> 00:08:32,520  
按了之后，用手指头在皮肤上一按  
  
211  
00:08:32,559 --> 00:08:33,159  
就一个坑  
  
212  
00:08:33,840 --> 00:08:37,179  
它更突出的是皮肤表面的去水啊  
  
213  
00:08:37,179 --> 00:08:38,900  
这二者之间呢，就不同  
  
214  
00:08:39,500 --> 00:08:39,700  
呃  
  
215  
00:08:39,820 --> 00:08:42,380  
实际上我们如果深挖素问  
  
216  
00:08:42,380 --> 00:08:45,680  
有一篇叫水热穴论，中间呢  
  
217  
00:08:45,760 --> 00:08:48,680  
他曾经说过一句话，怎么讲呢  
  
218  
00:08:49,560 --> 00:08:51,160  
勇而劳甚啊  
  
219  
00:08:51,160 --> 00:08:54,820  
就是人比较这个呃勇啊  
  
220  
00:08:54,980 --> 00:08:57,860  
勇就是血气比较比较勇敢啊  
  
221  
00:08:57,860 --> 00:08:58,970  
勇敢啊  
  
222  
00:08:59,010 --> 00:09:00,250  
血气勇敢的状态  
  
223  
00:09:00,690 --> 00:09:02,090  
勇而劳，肾过  
  
224  
00:09:02,090 --> 00:09:04,510  
劳则肾汗出  
  
225  
00:09:04,630 --> 00:09:07,310  
那么他这个就是讲汗出的源头不一样  
  
226  
00:09:07,310 --> 00:09:08,350  
虽然汗为心液  
  
227  
00:09:08,750 --> 00:09:11,150  
但是肾者作强之官，过于劳累  
  
228  
00:09:11,470 --> 00:09:13,960  
那么甚为咱们讲，叫呃  
  
229  
00:09:14,000 --> 00:09:15,880  
肾主收藏，是不是藏不住了  
  
230  
00:09:15,880 --> 00:09:18,470  
那么最深层的这个汗就出来了  
  
231  
00:09:18,750 --> 00:09:20,470  
最深层的汗出来了之后  
  
232  
00:09:20,630 --> 00:09:21,870  
这个就是所谓的渗汗  
  
233  
00:09:22,190 --> 00:09:24,920  
出来之后，汗出啊  
  
234  
00:09:25,040 --> 00:09:26,560  
渗汗出逢于风  
  
235  
00:09:27,360 --> 00:09:30,280  
这么讲就是人过牢之后出的那个汗被风吹了  
  
236  
00:09:30,480 --> 00:09:31,440  
这大家明白了吧  
  
237  
00:09:31,720 --> 00:09:33,740  
哎呃，则造成什么呢  
  
238  
00:09:34,500 --> 00:09:36,020  
内不得入于脏腑  
  
239  
00:09:36,580 --> 00:09:37,940  
外不得跃于皮肤  
  
240  
00:09:38,450 --> 00:09:39,450  
那么造成这个汗啊  
  
241  
00:09:39,850 --> 00:09:42,050  
往回去，因为他被风给堵住了嘛  
  
242  
00:09:42,410 --> 00:09:43,450  
回不到脏腑里  
  
243  
00:09:44,670 --> 00:09:44,870  
呃  
  
244  
00:09:45,030 --> 00:09:46,070  
但是往外去呢  
  
245  
00:09:46,310 --> 00:09:47,190  
还发不出去  
  
246  
00:09:47,610 --> 00:09:48,770  
最后就造成一个问题  
  
247  
00:09:48,890 --> 00:09:50,050  
这个水没地方去了  
  
248  
00:09:50,050 --> 00:09:50,930  
它只能在哪儿啊  
  
249  
00:09:51,370 --> 00:09:52,850  
我们讲叫刻于悬浮  
  
250  
00:09:52,930 --> 00:09:54,850  
悬浮就是人的汗毛，没错吧  
  
251  
00:09:55,050 --> 00:09:57,280  
刻于悬浮，行于皮里  
  
252  
00:09:57,720 --> 00:09:59,640  
那么就是走在人的皮肤里头  
  
253  
00:10:01,320 --> 00:10:04,680  
传为浮肿，就是这个这个肿的肿的症状  
  
254  
00:10:05,080 --> 00:10:05,280  
呃  
  
255  
00:10:05,440 --> 00:10:07,160  
本之于肾，名曰风水  
  
256  
00:10:07,520 --> 00:10:10,090  
那么内经所谓水热穴论的风水呢  
  
257  
00:10:10,090 --> 00:10:11,050  
我个人认为啊  
  
258  
00:10:11,490 --> 00:10:12,370  
它的病机呢  
  
259  
00:10:12,850 --> 00:10:14,690  
实际上可以解释  
  
260  
00:10:14,730 --> 00:10:18,550  
我们这个风水和皮水两种水，它都能解释  
  
261  
00:10:18,590 --> 00:10:21,310  
无非是什么人在过度劳累之后  
  
262  
00:10:21,980 --> 00:10:24,460  
他这个所说肾汗出，其实说的不是肾  
  
263  
00:10:24,460 --> 00:10:25,580  
而是肾主收藏  
  
264  
00:10:26,090 --> 00:10:27,650  
那么就是你已经透支了  
  
265  
00:10:27,970 --> 00:10:29,610  
透支了之后冒这种虚汗  
  
266  
00:10:30,050 --> 00:10:31,130  
那么被风一吹  
  
267  
00:10:31,570 --> 00:10:33,170  
风吹了之后，造成什么呀  
  
268  
00:10:33,570 --> 00:10:36,100  
这个风风邪啊  
  
269  
00:10:36,100 --> 00:10:41,590  
把这个从内而外透散出来的最深层的肾  
  
270  
00:10:41,630 --> 00:10:44,560  
收藏的精微，阻碍于皮肤之中  
  
271  
00:10:45,040 --> 00:10:45,840  
回也回不去  
  
272  
00:10:45,840 --> 00:10:48,040  
出也出不来，在皮肤之中  
  
273  
00:10:48,040 --> 00:10:49,000  
最后造成水肿  
  
274  
00:10:49,580 --> 00:10:52,140  
恶风比较盛的叫风水不误  
  
275  
00:10:52,140 --> 00:10:55,220  
风腹胀的，我们讲叫脾水啊  
  
276  
00:10:55,220 --> 00:10:56,660  
这是我个人的理解啊  
  
277  
00:10:56,660 --> 00:10:58,140  
它比较简单，呃  
  
278  
00:10:58,940 --> 00:11:00,700  
他是一个一个一个对举  
  
279  
00:11:02,250 --> 00:11:03,450  
呃，那么皮水呢  
  
280  
00:11:03,650 --> 00:11:04,650  
起腹如鼓啊  
  
281  
00:11:04,730 --> 00:11:06,170  
肚子特别大，不渴  
  
282  
00:11:06,610 --> 00:11:07,610  
那么当发其汗  
  
283  
00:11:07,690 --> 00:11:10,170  
那么这种情况你就应该发汗乃愈是不是  
  
284  
00:11:10,410 --> 00:11:10,610  
哎  
  
285  
00:11:10,610 --> 00:11:12,250  
那么这两种呃  
  
286  
00:11:12,330 --> 00:11:15,770  
雾风的和一个雾风为主的和在皮肤为主的  
  
287  
00:11:16,090 --> 00:11:17,370  
那么这两种水呢  
  
288  
00:11:17,410 --> 00:11:20,090  
其实往往都出现于肾病综合征  
  
289  
00:11:20,640 --> 00:11:21,720  
但是相对来说  
  
290  
00:11:22,080 --> 00:11:27,200  
风水更易见于所说的这个急性肾炎啊这种  
  
291  
00:11:27,560 --> 00:11:30,560  
呃，一会我们讲到具体的方的时候啊  
  
292  
00:11:30,560 --> 00:11:33,880  
会给大家说，那么急性的肾小球肾炎啊等等啊  
  
293  
00:11:34,160 --> 00:11:35,840  
突然之间全身都肿了，对吧  
  
294  
00:11:36,180 --> 00:11:36,380  
哎  
  
295  
00:11:36,420 --> 00:11:37,900  
那么那么来的非常快  
  
296  
00:11:38,300 --> 00:11:40,490  
那么这种很多时候是风水  
  
297  
00:11:40,890 --> 00:11:44,510  
那么大家也自然明白了这个东西的病因病机因啊  
  
298  
00:11:44,550 --> 00:11:46,710  
我觉得了解病因病机很重要  
  
299  
00:11:46,710 --> 00:11:49,390  
就像我刚才讲的这个内经里头这一段  
  
300  
00:11:49,430 --> 00:11:51,710  
素问水热穴论的这段话  
  
301  
00:11:51,980 --> 00:11:54,540  
我觉得了解病因病机非常重要啊  
  
302  
00:11:54,540 --> 00:11:55,220  
为什么呢  
  
303  
00:11:55,550 --> 00:11:58,030  
那么有很多人他想的可能比较简单一点  
  
304  
00:11:58,030 --> 00:11:58,470  
说，老师  
  
305  
00:11:58,470 --> 00:11:59,870  
我不想了解病因病机  
  
306  
00:12:00,190 --> 00:12:02,950  
我就想知道你告诉我肾小球肾炎用啥方就完了  
  
307  
00:12:03,390 --> 00:12:06,150  
那我说实话，我告诉不了你啊  
  
308  
00:12:06,230 --> 00:12:08,110  
我真告不了，我没有那个能力  
  
309  
00:12:08,510 --> 00:12:09,990  
因为我告诉你那个方吧  
  
310  
00:12:10,510 --> 00:12:11,670  
很有可能我跟你说完之后  
  
311  
00:12:11,670 --> 00:12:13,110  
你发现你用了也不好使  
  
312  
00:12:13,960 --> 00:12:15,080  
那为啥不好使呢  
  
313  
00:12:15,800 --> 00:12:16,960  
那你到我门诊看看  
  
314  
00:12:16,960 --> 00:12:18,280  
可能我用就真好使  
  
315  
00:12:19,200 --> 00:12:20,240  
那问题出在哪  
  
316  
00:12:21,010 --> 00:12:23,450  
不是出在这个方治不了这个病  
  
317  
00:12:23,930 --> 00:12:28,250  
而出在了你，真的没有去好好想想这个病的来龙去脉是咋回事  
  
318  
00:12:28,250 --> 00:12:28,890  
他的病机  
  
319  
00:12:29,270 --> 00:12:32,010  
因此现在我们经方学界啊  
  
320  
00:12:32,130 --> 00:12:33,810  
两种声音甚嚣尘上  
  
321  
00:12:33,890 --> 00:12:36,210  
其实都不好，都不好啊  
  
322  
00:12:36,250 --> 00:12:40,550  
第一种声音那就是张仲景，就是就是神仙啊  
  
323  
00:12:40,830 --> 00:12:44,210  
那么伤寒方金匮方那就天下无敌啊  
  
324  
00:12:44,370 --> 00:12:46,570  
那就基本上能能治一切  
  
325  
00:12:46,690 --> 00:12:48,210  
这个我从来没说过吧  
  
326  
00:12:48,720 --> 00:12:51,240  
我从来都说伤寒论叫什么叫法书  
  
327  
00:12:51,240 --> 00:12:52,800  
第一，他是讲笔法的  
  
328  
00:12:53,140 --> 00:12:54,820  
它是讲古人的行文的规则  
  
329  
00:12:54,820 --> 00:12:58,340  
运笔的规则以及药物配伍的规则  
  
330  
00:12:58,700 --> 00:12:59,580  
他讲规则的  
  
331  
00:12:59,580 --> 00:13:02,500  
他是一个很很，那其实是一个基础的东西  
  
332  
00:13:02,500 --> 00:13:02,980  
对不对呀  
  
333  
00:13:03,140 --> 00:13:05,460  
那么你至于你以后怎么学千金，怎么学外台  
  
334  
00:13:05,460 --> 00:13:06,580  
那是你自己的事啊  
  
335  
00:13:06,580 --> 00:13:09,190  
以后的事甚至是是这  
  
336  
00:13:09,190 --> 00:13:10,390  
这这个这个不多谈  
  
337  
00:13:10,910 --> 00:13:12,230  
那么还有一种声音呢  
  
338  
00:13:12,630 --> 00:13:13,590  
呃，也会出现  
  
339  
00:13:13,630 --> 00:13:17,000  
就是说我们镜柜里头有些东西可能就过时了  
  
340  
00:13:17,120 --> 00:13:17,960  
为什么这么说呢  
  
341  
00:13:18,240 --> 00:13:19,600  
那你看按这个说法  
  
342  
00:13:19,840 --> 00:13:21,720  
那么水气病说的就是肾小球肾炎  
  
343  
00:13:22,480 --> 00:13:23,320  
那问题来了  
  
344  
00:13:23,520 --> 00:13:26,640  
那我在临床上用月壁加术汤，我  
  
345  
00:13:26,800 --> 00:13:29,040  
我发现他治肾炎也没治好啊  
  
346  
00:13:29,480 --> 00:13:31,990  
是你拿它当成肾炎  
  
347  
00:13:32,110 --> 00:13:34,190  
你用月壁加猪汤肯定治不好  
  
348  
00:13:34,450 --> 00:13:34,610  
哎  
  
349  
00:13:34,610 --> 00:13:35,330  
别说肯定啊  
  
350  
00:13:35,330 --> 00:13:36,690  
他也有可能能撞上的  
  
351  
00:13:36,890 --> 00:13:40,090  
咱们就说这道理，那你因为这东西不是那么用的  
  
352  
00:13:40,290 --> 00:13:44,480  
这东西怎么用，它的前提是你得对这个东西怎么办啊  
  
353  
00:13:44,830 --> 00:13:46,470  
要了解是不是这样  
  
354  
00:13:46,470 --> 00:13:48,070  
你了解他的怎么回事  
  
355  
00:13:48,430 --> 00:13:51,550  
渗汗外脱，那么被风邪所恶  
  
356  
00:13:51,920 --> 00:13:53,560  
那么这个时候你要解决的问题  
  
357  
00:13:53,880 --> 00:13:57,390  
不是一个这个病人该不该用哪个方的问题  
  
358  
00:13:57,790 --> 00:13:59,510  
而是你用这个方来干什么  
  
359  
00:13:59,510 --> 00:14:00,270  
是不是这个道理  
  
360  
00:14:00,830 --> 00:14:01,030  
哎  
  
361  
00:14:01,310 --> 00:14:04,090  
你怎么收藏他的这个精气  
  
362  
00:14:04,690 --> 00:14:07,410  
怎么透散它的邪气的问题  
  
363  
00:14:07,730 --> 00:14:09,090  
那把这些问题处理好了  
  
364  
00:14:09,650 --> 00:14:13,050  
阴阳自合者，其结果必自愈  
  
365  
00:14:13,610 --> 00:14:15,130  
不是方不好用啊  
  
366  
00:14:15,130 --> 00:14:16,010  
真的不是方不好用  
  
367  
00:14:16,010 --> 00:14:16,890  
这方没过时  
  
368  
00:14:17,250 --> 00:14:18,370  
因为这思路没过时  
  
369  
00:14:18,810 --> 00:14:21,290  
那你就说这个人那这方过时了  
  
370  
00:14:21,920 --> 00:14:23,400  
那现在的人古人出汗  
  
371  
00:14:23,400 --> 00:14:24,560  
现在人不出汗了吗  
  
372  
00:14:25,620 --> 00:14:29,140  
古人怕风过2000多年人，现在人不怕了吗  
  
373  
00:14:29,740 --> 00:14:31,620  
我不那么认为啊  
  
374  
00:14:31,660 --> 00:14:33,540  
这个就是当年董仲舒说的  
  
375  
00:14:33,780 --> 00:14:36,180  
呃，我们不能曲解古人的概念  
  
376  
00:14:36,380 --> 00:14:39,060  
董仲舒当年讲说天不变，道亦不变  
  
377  
00:14:39,390 --> 00:14:41,350  
这个说的是三易之中的不易  
  
378  
00:14:42,070 --> 00:14:43,710  
人家但没光说这一句啊  
  
379  
00:14:43,710 --> 00:14:45,310  
你不能把人东西给曲解啊  
  
380  
00:14:45,700 --> 00:14:48,820  
那么呃，这东西你得自己随机而变化  
  
381  
00:14:48,860 --> 00:14:50,620  
但是不变的那个主旨就是  
  
382  
00:14:50,620 --> 00:14:53,200  
我刚才讲素问水热穴论那一段话  
  
383  
00:14:53,400 --> 00:14:54,360  
大家把它理清  
  
384  
00:14:54,720 --> 00:14:56,040  
那么所谓风水皮水  
  
385  
00:14:56,040 --> 00:14:58,200  
我认为这个病机你就看得很清楚了  
  
386  
00:14:58,660 --> 00:15:01,220  
你就明白了，他这里头到底是实证还是虚证  
  
387  
00:15:01,380 --> 00:15:03,020  
都不是啊  
  
388  
00:15:03,180 --> 00:15:07,800  
虚实夹杂之证是在一个人劳累到极点之后  
  
389  
00:15:07,800 --> 00:15:12,500  
也就是我们刚才讲叫叫叫什么勇而劳肾，则渗汗出是吧  
  
390  
00:15:12,820 --> 00:15:14,740  
哎，这种状态之后汗都透了  
  
391  
00:15:14,740 --> 00:15:16,140  
那么风一吹人就空了  
  
392  
00:15:16,380 --> 00:15:17,940  
空了之后水没地方去  
  
393  
00:15:17,940 --> 00:15:18,900  
水是哪来的  
  
394  
00:15:19,970 --> 00:15:22,650  
不要把所有的病理产物都当成邪气  
  
395  
00:15:23,530 --> 00:15:25,130  
这个水是你自己喝下去的  
  
396  
00:15:26,170 --> 00:15:28,290  
你不喝这水哪来啊  
  
397  
00:15:29,670 --> 00:15:32,230  
那你说既然这样那我别喝水了行吗  
  
398  
00:15:33,080 --> 00:15:34,040  
不是那个道理吧  
  
399  
00:15:34,280 --> 00:15:37,720  
所以我们中医治病不是把邪和正对立起来  
  
400  
00:15:38,390 --> 00:15:43,550  
而是找清楚正气是什么原因造成正气变成了邪气  
  
401  
00:15:45,400 --> 00:15:46,800  
我们把这个原因找出来  
  
402  
00:15:47,040 --> 00:15:48,080  
把它拨转过来  
  
403  
00:15:48,440 --> 00:15:51,840  
而不是一定要把邪气跟正气对立起来啊  
  
404  
00:15:51,840 --> 00:15:53,040  
你是邪恶的，我是正义的  
  
405  
00:15:53,040 --> 00:15:54,550  
我要弄死你啊  
  
406  
00:15:54,550 --> 00:15:57,310  
就像西方人经常最近拍这个  
  
407  
00:15:57,550 --> 00:16:01,270  
比如说想象中的末日丧尸主题的这个电影  
  
408  
00:16:01,270 --> 00:16:01,670  
对吧  
  
409  
00:16:02,020 --> 00:16:02,220  
哎  
  
410  
00:16:02,220 --> 00:16:03,580  
那么谁被咬一口就变了  
  
411  
00:16:03,580 --> 00:16:05,180  
变了之后就一枪打死他  
  
412  
00:16:05,460 --> 00:16:07,060  
这个是西方人的思维方式  
  
413  
00:16:07,220 --> 00:16:08,620  
我们中国人思维方式是什么  
  
414  
00:16:09,040 --> 00:16:10,040  
怎么让它不要变  
  
415  
00:16:10,800 --> 00:16:11,320  
是这样吗  
  
416  
00:16:11,320 --> 00:16:12,520  
或者怎么把你变过来  
  
417  
00:16:12,800 --> 00:16:13,000  
哎  
  
418  
00:16:13,000 --> 00:16:14,440  
这个是最核心的问题啊  
  
419  
00:16:14,440 --> 00:16:17,160  
那我们这讲的就是就是这个这个智慧  
  
420  
00:16:17,480 --> 00:16:18,840  
怎么让这个水种的水  
  
421  
00:16:19,240 --> 00:16:21,000  
它是怎么变成邪气的  
  
422  
00:16:21,300 --> 00:16:22,740  
那么怎么不让它变成邪气  
  
423  
00:16:22,740 --> 00:16:24,020  
怎么让它变成正气  
  
424  
00:16:24,260 --> 00:16:26,540  
这样我们就真的可以在临床中实现  
  
425  
00:16:26,860 --> 00:16:28,500  
所谓不战而屈人之兵  
  
426  
00:16:29,650 --> 00:16:30,370  
当然这个呢  
  
427  
00:16:30,450 --> 00:16:31,210  
我讲这个呢  
  
428  
00:16:31,210 --> 00:16:32,290  
有的时候没有市场  
  
429  
00:16:32,770 --> 00:16:34,610  
大家更愿意听的是，老师  
  
430  
00:16:34,610 --> 00:16:35,170  
你就说吧  
  
431  
00:16:35,610 --> 00:16:39,370  
那这个时候你告诉你用真武汤还是用用粤壁汤  
  
432  
00:16:39,370 --> 00:16:40,370  
我告诉你都对  
  
433  
00:16:40,490 --> 00:16:42,080  
但是都不对啊  
  
434  
00:16:42,080 --> 00:16:43,920  
你前提你把我这个听懂了，你  
  
435  
00:16:43,920 --> 00:16:45,200  
你就你就能对了  
  
436  
00:16:45,560 --> 00:16:46,920  
古人的方子也对了，啊  
  
437  
00:16:47,880 --> 00:16:48,680  
好，我们接着讲  
  
438  
00:16:49,950 --> 00:16:50,150  
额  
  
439  
00:16:50,870 --> 00:16:52,950  
那么后头又说两个，一个叫石  
  
440  
00:16:53,310 --> 00:16:54,110  
一个叫郑水  
  
441  
00:16:54,110 --> 00:16:55,990  
一个叫石水，一个叫黄汉  
  
442  
00:16:56,070 --> 00:16:56,350  
啊  
  
443  
00:16:56,870 --> 00:16:58,470  
那么正水特点其脉沉池  
  
444  
00:16:58,510 --> 00:16:59,190  
这很简单  
  
445  
00:16:59,230 --> 00:17:00,630  
因为水象本身  
  
446  
00:17:01,920 --> 00:17:04,359  
水水主北方壬癸之象嘛，对吧  
  
447  
00:17:04,599 --> 00:17:05,880  
他就主收藏之灵  
  
448  
00:17:05,880 --> 00:17:08,200  
他就是一个辰相啊，呃  
  
449  
00:17:09,720 --> 00:17:11,400  
那么它都有外症啊  
  
450  
00:17:11,400 --> 00:17:13,640  
外症就是其外感应的症状吧，对吧  
  
451  
00:17:14,000 --> 00:17:16,119  
自喘啊，被水气所恶  
  
452  
00:17:17,190 --> 00:17:18,349  
呃，食水呢  
  
453  
00:17:18,950 --> 00:17:23,190  
其脉自陈，所谓春闲夏红秋毛冬食啊  
  
454  
00:17:23,750 --> 00:17:26,010  
那么外正腹满不喘  
  
455  
00:17:26,450 --> 00:17:28,850  
它跟正水呢，也是一对儿  
  
456  
00:17:28,890 --> 00:17:30,970  
你仔细一看之后，你发现它也是一对儿  
  
457  
00:17:31,370 --> 00:17:33,930  
正水和实水它的脉是一样的，对不对  
  
458  
00:17:34,390 --> 00:17:35,550  
都是一个辰相  
  
459  
00:17:36,150 --> 00:17:39,630  
跟之前的风水皮水就是对比风水皮水脉浮吧  
  
460  
00:17:40,030 --> 00:17:42,670  
但是正水时水是什么脉沉  
  
461  
00:17:43,150 --> 00:17:45,350  
咱们就发现它都是一对一对在讲啊  
  
462  
00:17:45,590 --> 00:17:46,750  
你看之后你就发现了  
  
463  
00:17:47,150 --> 00:17:48,710  
那么正水时  
  
464  
00:17:48,710 --> 00:17:52,550  
水在脉沉的同时喘的施政  
  
465  
00:17:52,550 --> 00:17:55,710  
水不喘的是谁啊  
  
466  
00:17:57,110 --> 00:17:59,790  
是食水，那么为啥一个喘一个不喘呢  
  
467  
00:18:00,190 --> 00:18:03,700  
那么所谓肺和大肠相表表里，这个大家很熟吧  
  
468  
00:18:04,260 --> 00:18:06,140  
那么水气阻碍于肺的时候  
  
469  
00:18:06,220 --> 00:18:07,540  
阻碍于上焦的时候  
  
470  
00:18:07,900 --> 00:18:09,980  
那么则是正水，没错吧  
  
471  
00:18:09,980 --> 00:18:10,340  
为什么  
  
472  
00:18:10,340 --> 00:18:14,530  
因为肺主主通调水道，主通调水道  
  
473  
00:18:14,530 --> 00:18:17,050  
就是说它本身主水这个脏器出问题了  
  
474  
00:18:17,490 --> 00:18:18,850  
那么食水是什么呢  
  
475  
00:18:19,290 --> 00:18:21,290  
那么水之性是趋下的吧  
  
476  
00:18:22,170 --> 00:18:23,690  
通调水道时间长  
  
477  
00:18:24,390 --> 00:18:26,030  
那么它总也不通调水道  
  
478  
00:18:26,390 --> 00:18:27,750  
慢慢它就不喘了  
  
479  
00:18:28,230 --> 00:18:29,590  
不喘了之后它怎么办呀  
  
480  
00:18:29,950 --> 00:18:33,190  
水往低处流，流于常辅则腹满  
  
481  
00:18:34,220 --> 00:18:36,220  
上头松快了，肺时间长  
  
482  
00:18:36,220 --> 00:18:36,540  
啊他  
  
483  
00:18:36,860 --> 00:18:37,620  
咱打个比方  
  
484  
00:18:37,660 --> 00:18:39,460  
你你这个地方有问题，对吧  
  
485  
00:18:39,820 --> 00:18:41,740  
人家给你调个专家来解决问题  
  
486  
00:18:42,130 --> 00:18:44,610  
那么正水就是专家在解决问题啊  
  
487  
00:18:44,610 --> 00:18:46,850  
说我这个怎么想办法解决问题呢  
  
488  
00:18:46,850 --> 00:18:48,810  
你看他一直在，他问题很多  
  
489  
00:18:48,810 --> 00:18:50,010  
其实是因为他在干活  
  
490  
00:18:50,660 --> 00:18:52,100  
那到后来专家死心了  
  
491  
00:18:52,100 --> 00:18:52,780  
说这活吧  
  
492  
00:18:52,780 --> 00:18:53,900  
我发现也整不了了  
  
493  
00:18:54,180 --> 00:18:54,740  
那怎么办  
  
494  
00:18:54,980 --> 00:18:56,420  
我自己先舒服一点吧  
  
495  
00:18:56,660 --> 00:18:56,820  
唉  
  
496  
00:18:56,820 --> 00:18:57,300  
不喘了  
  
497  
00:18:57,300 --> 00:18:59,910  
不喘之后好了，腹满啊  
  
498  
00:18:59,910 --> 00:19:00,990  
你问专家有没有问题  
  
499  
00:19:00,990 --> 00:19:01,590  
专家说没问题  
  
500  
00:19:01,590 --> 00:19:02,550  
我们这什么都挺好  
  
501  
00:19:02,870 --> 00:19:03,990  
其实他已经放弃了  
  
502  
00:19:03,990 --> 00:19:04,990  
我们就讲这个问题  
  
503  
00:19:05,070 --> 00:19:05,790  
这叫实水  
  
504  
00:19:05,950 --> 00:19:06,670  
咱明白了吧  
  
505  
00:19:07,030 --> 00:19:07,230  
哎  
  
506  
00:19:07,510 --> 00:19:08,630  
所以没有问题  
  
507  
00:19:09,610 --> 00:19:10,610  
不见得是好事  
  
508  
00:19:11,530 --> 00:19:11,930  
反之  
  
509  
00:19:11,930 --> 00:19:16,860  
有问题不见得是坏事就像昨天我给书院学生们上课  
  
510  
00:19:17,100 --> 00:19:17,860  
学生们说说老师  
  
511  
00:19:17,860 --> 00:19:19,860  
我最近遇到问题，打击特别大  
  
512  
00:19:19,860 --> 00:19:20,780  
我说这就对了  
  
513  
00:19:21,180 --> 00:19:23,540  
学医之所以难，就是因为你错了都不行  
  
514  
00:19:25,800 --> 00:19:25,960  
啊  
  
515  
00:19:25,960 --> 00:19:26,720  
我说的不准确  
  
516  
00:19:26,720 --> 00:19:28,480  
我说我说你对了都不行  
  
517  
00:19:29,690 --> 00:19:32,850  
更别提你连犯错误都不敢犯，对吧  
  
518  
00:19:32,850 --> 00:19:33,970  
你没有错哪有对啊  
  
519  
00:19:34,170 --> 00:19:35,290  
就说这个道理啊  
  
520  
00:19:35,570 --> 00:19:37,460  
那么事情都是阴阳两面  
  
521  
00:19:37,740 --> 00:19:41,300  
那么前头浮脉的两两步风水皮水  
  
522  
00:19:41,540 --> 00:19:44,780  
后面沉脉的两部正水时水，思路非常的清晰  
  
523  
00:19:46,000 --> 00:19:46,520  
再往下  
  
524  
00:19:48,280 --> 00:19:50,640  
黄汉，黄汉呢  
  
525  
00:19:50,760 --> 00:19:52,560  
他讲这个脉沉池  
  
526  
00:19:53,720 --> 00:19:54,160  
发热  
  
527  
00:19:54,280 --> 00:19:57,940  
胸满，呃四肢头面肿久不愈  
  
528  
00:19:58,020 --> 00:19:58,780  
必致拥脓  
  
529  
00:19:58,820 --> 00:19:59,460  
这个黄汗  
  
530  
00:19:59,940 --> 00:20:00,980  
呃，其实是什么呢  
  
531  
00:20:00,980 --> 00:20:02,500  
我们讲，呃  
  
532  
00:20:03,500 --> 00:20:05,220  
脾色闭黄，预热以行啊  
  
533  
00:20:05,220 --> 00:20:07,700  
这是我们呃仲景先生说的一句名言  
  
534  
00:20:08,310 --> 00:20:10,030  
那脾之本色为黄色  
  
535  
00:20:10,430 --> 00:20:11,470  
这种黄汗呢  
  
536  
00:20:11,470 --> 00:20:14,790  
在临床上我们遇到过一些黄汗的患者啊  
  
537  
00:20:15,270 --> 00:20:15,550  
呃  
  
538  
00:20:15,670 --> 00:20:20,150  
那么很多时候患者的主诉都不是来治这个黄汗来的  
  
539  
00:20:20,520 --> 00:20:22,440  
那我在临床中的一些心得  
  
540  
00:20:22,720 --> 00:20:24,760  
往往黄汉患者他是为了治别的病  
  
541  
00:20:25,160 --> 00:20:28,430  
他自己没意识到他是黄汉，怎么发现的呢  
  
542  
00:20:28,830 --> 00:20:30,990  
你会观察到他穿白色的T恤  
  
543  
00:20:31,630 --> 00:20:34,830  
白色T恤就变色，就变成他不  
  
544  
00:20:34,830 --> 00:20:37,830  
当然不是那种那个小黄人那种颜色啊  
  
545  
00:20:37,830 --> 00:20:38,510  
那就坏了  
  
546  
00:20:38,990 --> 00:20:39,270  
呃  
  
547  
00:20:39,470 --> 00:20:42,030  
他就是那种偏黄，很容易偏黄  
  
548  
00:20:42,030 --> 00:20:44,630  
所以有很多黄汗患者自己不知道自己是黄汉  
  
549  
00:20:45,440 --> 00:20:46,760  
不是这个病消失了  
  
550  
00:20:46,920 --> 00:20:48,160  
同学们，这并没消失  
  
551  
00:20:48,440 --> 00:20:49,520  
那为啥出黄汗  
  
552  
00:20:49,520 --> 00:20:52,220  
我们讲中医讲究象数理，对吧  
  
553  
00:20:52,460 --> 00:20:53,860  
首先我们讲取类比象  
  
554  
00:20:53,860 --> 00:20:55,260  
那黄色是土  
  
555  
00:20:55,260 --> 00:20:59,130  
象就是因为土的精气透散出来了啊  
  
556  
00:20:59,690 --> 00:21:00,690  
脾色必黄嘛  
  
557  
00:21:00,930 --> 00:21:01,690  
瘀热以行  
  
558  
00:21:01,690 --> 00:21:03,530  
那为什么脾涩出来了  
  
559  
00:21:03,650 --> 00:21:06,330  
因为里头有淤有玉它就出来  
  
560  
00:21:06,490 --> 00:21:09,730  
往往黄汗患者体内都是一个一个湿热体质  
  
561  
00:21:09,730 --> 00:21:11,010  
这个特别多见啊  
  
562  
00:21:11,610 --> 00:21:11,890  
呃  
  
563  
00:21:12,450 --> 00:21:15,010  
那么以后稍后我们可能会讲到这个问题  
  
564  
00:21:15,450 --> 00:21:18,580  
那么他的这个发热也好，胸闷也好  
  
565  
00:21:18,580 --> 00:21:19,900  
包括四肢，那四肢  
  
566  
00:21:20,220 --> 00:21:21,020  
脾主四末嘛  
  
567  
00:21:21,220 --> 00:21:21,620  
对吧  
  
568  
00:21:22,480 --> 00:21:26,280  
那常常不愈之后为啥要治这个拥农  
  
569  
00:21:26,480 --> 00:21:30,600  
因为咱们都知道所谓这个热入于盈对吧  
  
570  
00:21:31,350 --> 00:21:34,280  
走的怎么样，则化为庸嘛是吧  
  
571  
00:21:34,680 --> 00:21:37,200  
哎，热热邪他入于营营分啊  
  
572  
00:21:37,520 --> 00:21:39,960  
那那么血液则流结，流结为拥  
  
573  
00:21:40,570 --> 00:21:40,770  
呃  
  
574  
00:21:40,850 --> 00:21:42,210  
那么就是瘀热在里头  
  
575  
00:21:42,530 --> 00:21:44,330  
这人就出现了黄汗这种  
  
576  
00:21:44,330 --> 00:21:46,250  
其实现在很多多见于  
  
577  
00:21:46,410 --> 00:21:48,050  
比如说，呃  
  
578  
00:21:48,530 --> 00:21:51,410  
中老年妇女体质偏胖的啊  
  
579  
00:21:51,810 --> 00:21:53,650  
有有点有点事，容易着急上火  
  
580  
00:21:53,850 --> 00:21:55,960  
甚至是没事儿吃点补品啊  
  
581  
00:21:55,960 --> 00:21:58,400  
补品之后他身体本身就有热性，对吧  
  
582  
00:21:58,720 --> 00:22:00,400  
呃，他又不能很好的排空  
  
583  
00:22:00,720 --> 00:22:02,640  
那么就造成这个预热，呃  
  
584  
00:22:02,720 --> 00:22:04,800  
包括一些中年油腻男  
  
585  
00:22:04,840 --> 00:22:05,920  
我们讲，哎  
  
586  
00:22:05,960 --> 00:22:07,280  
平时营养太好了  
  
587  
00:22:07,320 --> 00:22:08,600  
咱们说啊，营养太好了  
  
588  
00:22:08,600 --> 00:22:09,360  
运动也不多  
  
589  
00:22:09,680 --> 00:22:12,590  
那么有预热，那么出汗背心子都黄了  
  
590  
00:22:12,590 --> 00:22:14,590  
我们讲这个就叫黄汗啊  
  
591  
00:22:15,780 --> 00:22:17,340  
其实也是水气病的一种  
  
592  
00:22:17,970 --> 00:22:22,810  
那么这一段呢，讲的就是咱们说的无水呃五种水呢  
  
593  
00:22:23,250 --> 00:22:26,910  
未来具体他怎么回事，怎么治啊  
  
594  
00:22:27,390 --> 00:22:31,110  
那么咱们整个篇目都讲它内容非常多啊  
  
595  
00:22:31,110 --> 00:22:32,950  
大家做好长途跋涉的准备  
  
596  
00:22:34,280 --> 00:22:35,440  
我们看第二条啊  
  
597  
00:22:35,440 --> 00:22:36,560  
刚才讲的是第一条  
  
598  
00:22:36,680 --> 00:22:38,600  
我们今天要讲18条啊  
  
599  
00:22:39,320 --> 00:22:39,920  
第二条  
  
600  
00:22:40,850 --> 00:22:42,250  
呃，脉浮而红  
  
601  
00:22:42,570 --> 00:22:44,450  
那么这是一个仲景先师常用手法  
  
602  
00:22:44,450 --> 00:22:45,730  
他给你讲了一个脉象，对吧  
  
603  
00:22:46,090 --> 00:22:48,810  
但这条是一个历史上是个难点啊  
  
604  
00:22:48,810 --> 00:22:49,610  
特别有意思  
  
605  
00:22:50,050 --> 00:22:50,250  
呃  
  
606  
00:22:50,250 --> 00:22:50,730  
为啥难  
  
607  
00:22:50,770 --> 00:22:53,770  
因为逻辑之间它它反复的跳跃啊  
  
608  
00:22:53,770 --> 00:22:54,890  
一会你看你就得晕  
  
609  
00:22:55,330 --> 00:22:56,250  
你放心，我给你讲  
  
610  
00:22:56,250 --> 00:22:57,050  
你晕不了啊  
  
611  
00:22:57,620 --> 00:22:58,500  
脉，浮而红  
  
612  
00:22:59,300 --> 00:23:00,580  
那是一个兼脉对吧  
  
613  
00:23:01,100 --> 00:23:01,700  
浮，是什么  
  
614  
00:23:01,700 --> 00:23:02,020  
象呢  
  
615  
00:23:02,020 --> 00:23:04,260  
一搭起来之后，暗之既有  
  
616  
00:23:04,760 --> 00:23:07,280  
洪呢，是卖力非常宏大啊  
  
617  
00:23:07,760 --> 00:23:08,480  
那么伏而红  
  
618  
00:23:08,480 --> 00:23:09,400  
他说的是两个事  
  
619  
00:23:10,000 --> 00:23:10,760  
福是什么  
  
620  
00:23:11,920 --> 00:23:13,440  
封洪是啥呢  
  
621  
00:23:13,440 --> 00:23:13,840  
是气  
  
622  
00:23:14,160 --> 00:23:15,680  
一说到这，很多人懵了  
  
623  
00:23:16,440 --> 00:23:18,480  
因为你到后头，我要不给你讲  
  
624  
00:23:18,480 --> 00:23:20,410  
你到后头，你越看越乱啊  
  
625  
00:23:20,410 --> 00:23:21,450  
但你既然来了啊  
  
626  
00:23:21,450 --> 00:23:23,810  
那我就给你讲讲这个坑节在哪  
  
627  
00:23:24,170 --> 00:23:24,650  
肯节儿  
  
628  
00:23:24,650 --> 00:23:26,850  
其实是它里头啊，有省文  
  
629  
00:23:27,290 --> 00:23:29,410  
这个我给你写一下啊  
  
630  
00:23:33,250 --> 00:23:33,810  
省文  
  
631  
00:23:35,610 --> 00:23:39,680  
啥叫省文，就是它里头吞了两个字啊  
  
632  
00:23:39,760 --> 00:23:40,480  
吞了两个字  
  
633  
00:23:40,480 --> 00:23:41,640  
至于他为什么吞它  
  
634  
00:23:41,640 --> 00:23:43,400  
可能有当时的历史原因啊  
  
635  
00:23:43,960 --> 00:23:46,800  
那么所谓一个风一个气  
  
636  
00:23:47,950 --> 00:23:49,070  
风是什么风呢  
  
637  
00:24:01,620 --> 00:24:04,790  
所谓虚邪贼风，无非是贼风  
  
638  
00:24:05,950 --> 00:24:06,750  
气是什么气  
  
639  
00:24:07,390 --> 00:24:09,310  
水汽为啥是水系  
  
640  
00:24:09,390 --> 00:24:10,510  
咱们这是啥片呢  
  
641  
00:24:11,660 --> 00:24:12,900  
水汽篇啊  
  
642  
00:24:13,180 --> 00:24:14,180  
你想想你就懂了  
  
643  
00:24:14,580 --> 00:24:16,660  
你这个懂了之后后头都不用我讲  
  
644  
00:24:16,740 --> 00:24:18,100  
迎刃而解，势如破竹  
  
645  
00:24:18,140 --> 00:24:19,340  
你自己看都看懂了  
  
646  
00:24:19,800 --> 00:24:22,200  
要不把这个点开，你咋看都看不懂  
  
647  
00:24:22,920 --> 00:24:26,480  
哪怕是你翻历代医家的注释也是越翻越懵啊  
  
648  
00:24:26,480 --> 00:24:29,080  
那肯定是这样的，坑结就在这呢啊  
  
649  
00:24:29,520 --> 00:24:30,320  
所以这个呢  
  
650  
00:24:30,320 --> 00:24:32,920  
过去，呃老话啊  
  
651  
00:24:32,920 --> 00:24:36,800  
这个就是咱们闲聊这么一句过去老话，古人啊  
  
652  
00:24:37,320 --> 00:24:41,630  
他在教后生或者教学生经文的时候  
  
653  
00:24:42,190 --> 00:24:43,550  
先生要干一件事  
  
654  
00:24:44,370 --> 00:24:46,050  
我们过去小时候不懂啊  
  
655  
00:24:46,370 --> 00:24:47,930  
这个我当学生的时候不懂  
  
656  
00:24:48,330 --> 00:24:50,090  
呃这件事叫什么叫过精  
  
657  
00:24:51,030 --> 00:24:52,550  
就是把这本经过给你  
  
658  
00:24:52,750 --> 00:24:53,750  
大家明白这意思了吧  
  
659  
00:24:54,030 --> 00:24:55,550  
我们那时候觉得神秘化啊  
  
660  
00:24:55,550 --> 00:24:57,350  
说过京是一个什么事啊  
  
661  
00:24:57,350 --> 00:24:59,830  
是不是他有他的仪式性或者有些不可知的东西  
  
662  
00:24:59,830 --> 00:25:00,430  
其实不是  
  
663  
00:25:00,870 --> 00:25:02,750  
是因为这里头有很多约定俗成  
  
664  
00:25:03,470 --> 00:25:04,830  
或者吞了字儿省了文  
  
665  
00:25:05,350 --> 00:25:08,670  
甚则是有一些涉及到一些特殊传承  
  
666  
00:25:09,160 --> 00:25:10,120  
我不能告诉你  
  
667  
00:25:10,320 --> 00:25:12,520  
但是告诉你之后等于把这个钥匙给你了  
  
668  
00:25:12,720 --> 00:25:13,960  
你光有精还不行  
  
669  
00:25:14,350 --> 00:25:17,070  
古人他教东西的特点特别有意思  
  
670  
00:25:17,350 --> 00:25:18,990  
这个东西真的东西不用我讲  
  
671  
00:25:19,030 --> 00:25:21,390  
你自己就能分辨出来是真假  
  
672  
00:25:21,750 --> 00:25:25,620  
古人写书往往就不告诉你开头咋开  
  
673  
00:25:26,820 --> 00:25:27,780  
内容全讲给你  
  
674  
00:25:27,780 --> 00:25:31,540  
这是古人写东西的一个非常重要的行文特点  
  
675  
00:25:31,980 --> 00:25:34,700  
但这个开头恰恰就在这两个字，大家明白了吧  
  
676  
00:25:35,100 --> 00:25:36,220  
风是什么，是贼疯  
  
677  
00:25:37,070 --> 00:25:38,270  
气是什么气啊，是水汽  
  
678  
00:25:38,550 --> 00:25:40,510  
那明白之后后头就一脉相承啊  
  
679  
00:25:40,510 --> 00:25:42,110  
势如破竹，呃  
  
680  
00:25:43,710 --> 00:25:45,350  
那么你比如你往后看啊  
  
681  
00:25:47,800 --> 00:25:48,840  
那么风气相团  
  
682  
00:25:49,360 --> 00:25:53,830  
那么这个就就可以理解为什么贼风和水气  
  
683  
00:25:54,550 --> 00:25:55,870  
他俩之间怎么样啊  
  
684  
00:25:56,670 --> 00:25:57,550  
团到一起了吧  
  
685  
00:25:57,830 --> 00:25:59,470  
这个其实跟我一开始说的  
  
686  
00:25:59,670 --> 00:26:01,670  
素问水热穴论是不是回到一起了  
  
687  
00:26:02,030 --> 00:26:02,230  
哎  
  
688  
00:26:02,270 --> 00:26:04,890  
相通了，风把水汽阻遏了  
  
689  
00:26:05,290 --> 00:26:07,450  
阻遏了之后，那会造成啥呢  
  
690  
00:26:08,010 --> 00:26:09,330  
咱想都想明白了  
  
691  
00:26:09,850 --> 00:26:11,970  
那么会出现这个  
  
692  
00:26:15,050 --> 00:26:15,850  
两种情况  
  
693  
00:26:16,450 --> 00:26:18,050  
一种是贼风比较盛  
  
694  
00:26:18,850 --> 00:26:20,410  
一种是水汽比较盛吧  
  
695  
00:26:21,310 --> 00:26:21,510  
哎  
  
696  
00:26:21,550 --> 00:26:22,630  
很难打平手啊  
  
697  
00:26:22,670 --> 00:26:24,270  
不是贼丰盛就是水气盛  
  
698  
00:26:24,670 --> 00:26:25,910  
贼丰盛会怎么样  
  
699  
00:26:26,230 --> 00:26:29,050  
他叫风强则为隐疹  
  
700  
00:26:29,130 --> 00:26:31,170  
隐疹就是其实就是我们今天说的湿疹  
  
701  
00:26:31,970 --> 00:26:34,090  
咱们讲究，或者叫峰哥的  
  
702  
00:26:34,090 --> 00:26:34,370  
对吧  
  
703  
00:26:34,850 --> 00:26:35,610  
哎，叫风疹  
  
704  
00:26:36,090 --> 00:26:38,730  
一一见风之后皮肤苍起来了吧  
  
705  
00:26:39,210 --> 00:26:39,810  
特别痒  
  
706  
00:26:40,370 --> 00:26:40,570  
呃  
  
707  
00:26:40,570 --> 00:26:41,850  
临床说这个痣呢  
  
708  
00:26:41,850 --> 00:26:43,130  
也挺烦，呃  
  
709  
00:26:43,290 --> 00:26:47,450  
现代医学对它有的时候方法也不是特别有效啊  
  
710  
00:26:48,010 --> 00:26:48,970  
那么是什么原因  
  
711  
00:26:48,970 --> 00:26:50,490  
就是这个原因，明白了吧  
  
712  
00:26:51,100 --> 00:26:54,740  
哎，贼风和水汽他俩怎么样了  
  
713  
00:26:55,910 --> 00:26:56,830  
相团啊  
  
714  
00:26:56,830 --> 00:26:59,150  
他俩这个这个团到一块了  
  
715  
00:27:00,490 --> 00:27:01,530  
风太盛为隐疹  
  
716  
00:27:01,770 --> 00:27:02,930  
那么隐疹啥特征呢  
  
717  
00:27:03,570 --> 00:27:04,530  
那么身体为养  
  
718  
00:27:04,850 --> 00:27:07,010  
养为泄风，就是身上痒  
  
719  
00:27:07,330 --> 00:27:09,010  
什么叫养为泄风啊  
  
720  
00:27:09,680 --> 00:27:10,800  
那么就告诉你一个问题  
  
721  
00:27:11,120 --> 00:27:12,640  
你的体表的这种症状  
  
722  
00:27:12,680 --> 00:27:16,680  
这种痒实际上是人体对外邪的一种自我的输出  
  
723  
00:27:17,480 --> 00:27:18,320  
那么问题来了  
  
724  
00:27:19,000 --> 00:27:23,360  
这个时候能不能马上终止这种对外协的输出  
  
725  
00:27:24,270 --> 00:27:26,910  
那么我不说你，我就说事实  
  
726  
00:27:27,270 --> 00:27:28,150  
我不下结论  
  
727  
00:27:28,430 --> 00:27:30,410  
结论你来下对吧  
  
728  
00:27:30,410 --> 00:27:32,370  
我没诱导你，我也没说别的啊  
  
729  
00:27:32,730 --> 00:27:35,410  
那你自己看我认为真正啊  
  
730  
00:27:35,850 --> 00:27:39,010  
大将授人以规矩而非世人以巧啊  
  
731  
00:27:39,010 --> 00:27:41,410  
我把道理讲给你，那你自己去分辨  
  
732  
00:27:41,610 --> 00:27:42,490  
那咱们都明白  
  
733  
00:27:43,290 --> 00:27:48,230  
既然贼疯和水气在身体里头系到一起了  
  
734  
00:27:48,230 --> 00:27:49,750  
你身体有一个本能的反应  
  
735  
00:27:50,030 --> 00:27:56,280  
把邪气有一个叫什么叫叫你叫把它输出也好  
  
736  
00:27:57,080 --> 00:27:58,480  
还是叫排异也罢  
  
737  
00:27:59,540 --> 00:28:00,700  
它是人的一个本能吧  
  
738  
00:28:01,340 --> 00:28:03,140  
你这个时候你不能把它人为中断  
  
739  
00:28:03,620 --> 00:28:05,300  
你中断了会产生问题，对吧  
  
740  
00:28:06,390 --> 00:28:08,750  
呃，所以有的时候我们说抗过敏啊  
  
741  
00:28:09,590 --> 00:28:10,950  
脱敏这个事儿  
  
742  
00:28:12,610 --> 00:28:14,850  
该不该做，怎么做  
  
743  
00:28:15,410 --> 00:28:16,490  
我没说不该啊  
  
744  
00:28:17,110 --> 00:28:18,510  
它是有有那个啥的  
  
745  
00:28:18,510 --> 00:28:18,830  
为什么  
  
746  
00:28:18,830 --> 00:28:21,590  
因为有的时候过敏是会导致人临床死亡的  
  
747  
00:28:21,880 --> 00:28:24,160  
我们要讲两害相较取其轻对吧  
  
748  
00:28:24,520 --> 00:28:27,000  
但你没到那种程度，咱们说轻度的  
  
749  
00:28:27,320 --> 00:28:28,800  
那你该怎么去看待它  
  
750  
00:28:29,610 --> 00:28:30,970  
你是把这个过敏中止  
  
751  
00:28:31,890 --> 00:28:33,690  
停止泄外泄的过程  
  
752  
00:28:34,470 --> 00:28:36,550  
还是说找出过敏的原因  
  
753  
00:28:37,590 --> 00:28:40,350  
是贼风是水汽把原因搞定  
  
754  
00:28:41,600 --> 00:28:45,240  
让它自己就停止这个让你不舒服的过程  
  
755  
00:28:46,190 --> 00:28:47,830  
那么究竟你在哪个层面  
  
756  
00:28:48,350 --> 00:28:50,590  
你能做一个更好的解决问题的医生  
  
757  
00:28:51,190 --> 00:28:55,490  
这是我们所有的搞医的人需要去想的一个问题，对不对  
  
758  
00:28:55,770 --> 00:28:57,130  
我经常跟我的学生讲  
  
759  
00:28:57,530 --> 00:28:58,450  
我说我在门诊啊  
  
760  
00:28:58,450 --> 00:29:00,450  
你别看患者啥岁数都有对吧  
  
761  
00:29:00,770 --> 00:29:05,460  
我治病是自己拍着良心说我基本上童叟无欺  
  
762  
00:29:05,820 --> 00:29:07,620  
我指的这个童叟无欺是什么概念啊  
  
763  
00:29:07,620 --> 00:29:09,020  
不是说我骗不骗人的问题  
  
764  
00:29:09,260 --> 00:29:11,300  
我指的是我面对疾病  
  
765  
00:29:12,190 --> 00:29:13,070  
什么叫童叟无欺  
  
766  
00:29:13,310 --> 00:29:14,030  
你来一癌症  
  
767  
00:29:14,950 --> 00:29:15,150  
好  
  
768  
00:29:15,150 --> 00:29:16,150  
我跟你讲道理  
  
769  
00:29:17,160 --> 00:29:21,790  
我不会上来之后各种猛药玩命的打不问你从哪来，对吧  
  
770  
00:29:21,910 --> 00:29:23,790  
我问你，你你你是怎么回事  
  
771  
00:29:24,070 --> 00:29:26,030  
我让你说你哪儿委屈，对吧  
  
772  
00:29:27,230 --> 00:29:30,190  
这个肿瘤你为啥逼上梁山了  
  
773  
00:29:30,550 --> 00:29:32,300  
是什么原因，是吧  
  
774  
00:29:32,420 --> 00:29:34,500  
那怎么你怎么能从梁山下来  
  
775  
00:29:35,020 --> 00:29:35,340  
对吧  
  
776  
00:29:35,900 --> 00:29:37,740  
怎么能这个咱们好好谈一谈  
  
777  
00:29:37,740 --> 00:29:38,500  
我问你，招安  
  
778  
00:29:39,310 --> 00:29:40,430  
这叫讲道理  
  
779  
00:29:41,050 --> 00:29:41,530  
那好了  
  
780  
00:29:42,050 --> 00:29:45,290  
来一个小小孩感冒的患者，小病啊  
  
781  
00:29:45,530 --> 00:29:46,450  
受点风，招点凉  
  
782  
00:29:46,970 --> 00:29:49,290  
我还跟你讲道理啊  
  
783  
00:29:49,680 --> 00:29:51,280  
怎么着都凉啊，对吧  
  
784  
00:29:51,320 --> 00:29:52,080  
怎么回事啊  
  
785  
00:29:52,800 --> 00:29:55,920  
当然这个过程我是跟患者的脉象在聊天啊  
  
786  
00:29:56,400 --> 00:29:58,360  
咱们讲跟他讲道理啊  
  
787  
00:29:59,710 --> 00:30:01,750  
辨其先机，知其来龙去脉  
  
788  
00:30:01,790 --> 00:30:02,790  
咱们讲这个事情  
  
789  
00:30:02,910 --> 00:30:03,950  
那么你不能欺负他  
  
790  
00:30:03,950 --> 00:30:06,150  
你不能因为他是一个肿瘤，你就玩命的打他  
  
791  
00:30:06,440 --> 00:30:08,800  
你也不能因为他是一个小孩的感冒，你就忽视他  
  
792  
00:30:09,280 --> 00:30:11,600  
总要问清楚它的来龙去脉啊  
  
793  
00:30:11,880 --> 00:30:12,640  
来龙去脉  
  
794  
00:30:13,720 --> 00:30:16,440  
那么这个后头呢  
  
795  
00:30:16,680 --> 00:30:17,280  
就讲了  
  
796  
00:30:17,280 --> 00:30:20,760  
如果泄风的时候，你总也泄不出去的前提下啊  
  
797  
00:30:22,350 --> 00:30:25,110  
总也泄不出去的前提下就会出现一个问题  
  
798  
00:30:25,910 --> 00:30:26,110  
哎  
  
799  
00:30:26,510 --> 00:30:29,350  
久违加赖加就是那个皮肤啊  
  
800  
00:30:29,990 --> 00:30:31,230  
那个那个结痂，对吧  
  
801  
00:30:31,950 --> 00:30:35,580  
赖呢，就是我们现在老百姓的话就长赖了是吧  
  
802  
00:30:35,860 --> 00:30:38,300  
什么问题，皮损造成那个皮损  
  
803  
00:30:38,540 --> 00:30:41,220  
咱们在门诊上也见过很多那个重度湿疹的患者啊  
  
804  
00:30:41,460 --> 00:30:42,420  
那么时间很久之后  
  
805  
00:30:42,420 --> 00:30:44,840  
皮损的面积很大，很严重  
  
806  
00:30:45,040 --> 00:30:47,160  
那么这就是得不到及时的纠正  
  
807  
00:30:47,480 --> 00:30:49,080  
时间长了就变成这样了啊  
  
808  
00:30:50,010 --> 00:30:50,210  
呃  
  
809  
00:30:50,690 --> 00:30:53,050  
那么还有一种刚才那说的是风墙对吧  
  
810  
00:30:53,490 --> 00:30:54,490  
风其实就是贼风  
  
811  
00:30:55,210 --> 00:30:58,770  
那么后头说砌墙砌是什么气了，则为水气  
  
812  
00:30:59,250 --> 00:31:01,290  
而且他怕你写不懂啊  
  
813  
00:31:01,290 --> 00:31:03,290  
他给你解释了一下，说砌墙则为水  
  
814  
00:31:03,890 --> 00:31:04,810  
是不是这回事啊  
  
815  
00:31:05,320 --> 00:31:05,520  
哎  
  
816  
00:31:05,560 --> 00:31:08,360  
那么水气太盛，那么则为水邪  
  
817  
00:31:09,040 --> 00:31:12,120  
为水邪之后就造成一个问题叫难以俯仰  
  
818  
00:31:12,480 --> 00:31:13,640  
你弯腰弯不下去  
  
819  
00:31:14,600 --> 00:31:16,880  
往后窝腰往后仰，仰不过来  
  
820  
00:31:17,200 --> 00:31:17,720  
没错吧  
  
821  
00:31:18,200 --> 00:31:19,160  
哎，则难以抚养  
  
822  
00:31:19,280 --> 00:31:19,680  
那为啥  
  
823  
00:31:19,680 --> 00:31:21,400  
因为水气太太太盛了啊  
  
824  
00:31:21,880 --> 00:31:23,480  
那么风气相机  
  
825  
00:31:25,110 --> 00:31:28,350  
身体红肿，汗出乃郁呃  
  
826  
00:31:29,730 --> 00:31:32,050  
那么这个时候讲风和气  
  
827  
00:31:33,140 --> 00:31:34,900  
这两种邪气相激  
  
828  
00:31:34,940 --> 00:31:38,020  
就是就是所谓叫互相激荡啊  
  
829  
00:31:38,180 --> 00:31:39,970  
互相激荡，额  
  
830  
00:31:40,050 --> 00:31:42,170  
那么就会造成什么呢  
  
831  
00:31:44,190 --> 00:31:44,390  
啊  
  
832  
00:31:45,110 --> 00:31:48,670  
这个身体肿肿了之后，那怎么能消肿  
  
833  
00:31:49,430 --> 00:31:51,230  
告诉你这个邪气的去路了  
  
834  
00:31:51,230 --> 00:31:52,630  
咱们讲来龙讲去脉吗  
  
835  
00:31:53,230 --> 00:31:54,150  
这个来路是谁  
  
836  
00:31:54,150 --> 00:31:55,230  
大家看的都很准了  
  
837  
00:31:55,990 --> 00:32:00,470  
风和水相搏是不是外头的贼风和你身体自然代谢的水  
  
838  
00:32:00,510 --> 00:32:01,230  
那水在哪啊  
  
839  
00:32:01,230 --> 00:32:02,270  
我考考大家一下  
  
840  
00:32:03,230 --> 00:32:05,110  
水一定在三焦，是不是这个道理  
  
841  
00:32:05,350 --> 00:32:05,550  
哎  
  
842  
00:32:05,550 --> 00:32:09,310  
跟你自己身体三焦里的正常的生理的水跟外在的邪风  
  
843  
00:32:09,310 --> 00:32:11,850  
他俩弄一块去了  
  
844  
00:32:12,050 --> 00:32:14,250  
弄一块去之后，那么就造成这个肿  
  
845  
00:32:14,410 --> 00:32:15,410  
那么既然肿了怎么办  
  
846  
00:32:15,490 --> 00:32:16,530  
他的去路在哪  
  
847  
00:32:16,810 --> 00:32:18,130  
去路在悬浮  
  
848  
00:32:19,760 --> 00:32:23,240  
那么所谓开鬼门洁净府去遇沉错  
  
849  
00:32:24,120 --> 00:32:28,510  
通过悬浮而去两个字叫发汗是吧  
  
850  
00:32:28,910 --> 00:32:29,110  
哎  
  
851  
00:32:29,150 --> 00:32:30,950  
发汗解决，所以在这呢  
  
852  
00:32:31,470 --> 00:32:32,430  
你就不能问我了  
  
853  
00:32:32,430 --> 00:32:34,790  
老师发汗能不能解决水肿  
  
854  
00:32:35,510 --> 00:32:36,350  
我告诉你，能  
  
855  
00:32:37,110 --> 00:32:39,630  
那你再问老师发汗能不能解决水肿  
  
856  
00:32:39,750 --> 00:32:42,950  
我还要告诉你不能大家听懂我说什么了吗  
  
857  
00:32:43,490 --> 00:32:45,810  
哎，貌似好像我什么都没说  
  
858  
00:32:46,250 --> 00:32:49,890  
但是真是道可道，非常道  
  
859  
00:32:50,610 --> 00:32:52,650  
这东西我没法跟你讲  
  
860  
00:32:52,770 --> 00:32:54,780  
发汗就行，哈  
  
861  
00:32:55,220 --> 00:32:56,260  
不是那个道理啊  
  
862  
00:32:56,260 --> 00:32:57,860  
你得看到人体的精气  
  
863  
00:32:57,860 --> 00:33:01,060  
神的生理和病理的变化才能搞明白啊  
  
864  
00:33:01,480 --> 00:33:01,680  
呃  
  
865  
00:33:01,720 --> 00:33:03,120  
所以我奉劝  
  
866  
00:33:03,200 --> 00:33:04,920  
如果是有这个  
  
867  
00:33:04,920 --> 00:33:08,380  
想问我哪个病就直接用哪个方的同仁  
  
868  
00:33:08,860 --> 00:33:10,820  
我这门课你可以不用听啊  
  
869  
00:33:10,820 --> 00:33:12,660  
你真的不用听，我也不建议你听  
  
870  
00:33:13,220 --> 00:33:14,760  
呃，对你没啥帮助  
  
871  
00:33:15,160 --> 00:33:20,400  
但是如果你想兼并支援了达来龙去脉啊  
  
872  
00:33:20,720 --> 00:33:22,080  
以正天人之合一  
  
873  
00:33:22,600 --> 00:33:24,800  
那么可能我的课程呢  
  
874  
00:33:24,800 --> 00:33:26,160  
对你是有帮助的啊  
  
875  
00:33:29,100 --> 00:33:29,300  
嗯  
  
876  
00:33:30,340 --> 00:33:33,380  
那么后头讲叫汉初乃玉啊  
  
877  
00:33:33,460 --> 00:33:39,040  
汉初乃玉恶风则虚啊  
  
878  
00:33:39,400 --> 00:33:40,440  
此为风水  
  
879  
00:33:41,360 --> 00:33:43,640  
那么就还是讲刚才那个问题啊  
  
880  
00:33:43,720 --> 00:33:45,160  
风水从何而来啊  
  
881  
00:33:47,940 --> 00:33:48,740  
不恶风者  
  
882  
00:33:50,220 --> 00:33:50,980  
小便通利  
  
883  
00:33:51,020 --> 00:33:51,700  
上焦有寒  
  
884  
00:33:52,700 --> 00:33:56,310  
呃其口多，贤则为皇汉  
  
885  
00:33:56,670 --> 00:33:57,790  
那么这句话呢  
  
886  
00:33:58,470 --> 00:33:58,990  
你看呢  
  
887  
00:33:59,390 --> 00:34:04,300  
就是一个铁道道岔往两个方向走了对吧  
  
888  
00:34:04,980 --> 00:34:05,980  
呃，我自己呢  
  
889  
00:34:05,980 --> 00:34:07,300  
在这个旁批的时候  
  
890  
00:34:07,300 --> 00:34:08,820  
我写了八个字的小注  
  
891  
00:34:09,469 --> 00:34:10,270  
我是这么写的  
  
892  
00:34:10,830 --> 00:34:13,389  
风水黄汉，一体两端  
  
893  
00:34:15,560 --> 00:34:18,520  
风水啊和皇汉，你从这个角度上来说  
  
894  
00:34:19,120 --> 00:34:21,840  
你看风水相机身体红肿  
  
895  
00:34:22,870 --> 00:34:23,949  
汉初乃愈，对不对  
  
896  
00:34:23,949 --> 00:34:24,790  
它是一个总结  
  
897  
00:34:26,179 --> 00:34:27,620  
有风有水没错吧  
  
898  
00:34:28,580 --> 00:34:31,420  
那么他会有两条未来的转轨  
  
899  
00:34:32,440 --> 00:34:33,480  
风水和皇汉啊  
  
900  
00:34:33,480 --> 00:34:34,239  
它是一体的  
  
901  
00:34:34,360 --> 00:34:36,000  
会有两条转柜，怎么转呢  
  
902  
00:34:36,540 --> 00:34:37,420  
一个是误封的  
  
903  
00:34:37,420 --> 00:34:39,940  
一个是不误封的，还是一个对举的方法  
  
904  
00:34:40,260 --> 00:34:41,460  
这个大家都熟了吧  
  
905  
00:34:41,960 --> 00:34:42,199  
哎  
  
906  
00:34:42,560 --> 00:34:44,679  
那么误封的当然是风水了，对不对  
  
907  
00:34:45,080 --> 00:34:46,159  
那不误风的呢  
  
908  
00:34:46,860 --> 00:34:47,219  
好了  
  
909  
00:34:47,780 --> 00:34:50,540  
不误封的那么跟他肯定不一样  
  
910  
00:34:50,540 --> 00:34:51,500  
不误封的叫黄汉  
  
911  
00:34:52,380 --> 00:34:53,659  
所以我说它是一个根  
  
912  
00:34:54,800 --> 00:34:56,679  
一个根儿，开出两朵花  
  
913  
00:34:57,230 --> 00:34:58,270  
不一样的东西啊  
  
914  
00:34:58,750 --> 00:34:59,950  
那么这个雾风呢  
  
915  
00:35:00,270 --> 00:35:00,950  
为啥误封  
  
916  
00:35:00,950 --> 00:35:01,710  
原因很简单  
  
917  
00:35:02,070 --> 00:35:05,870  
那么无非是风邪起水没错吧  
  
918  
00:35:06,460 --> 00:35:08,740  
哎，封挟天子以令诸侯  
  
919  
00:35:09,380 --> 00:35:11,780  
唉，挟着这个水裹挟着这个水  
  
920  
00:35:12,220 --> 00:35:13,660  
那么风邪其水呢  
  
921  
00:35:14,180 --> 00:35:16,740  
则易于习其阳位啊  
  
922  
00:35:16,820 --> 00:35:17,660  
吸其阳位呢  
  
923  
00:35:17,660 --> 00:35:19,860  
那么就很容易误风啊  
  
924  
00:35:20,480 --> 00:35:21,960  
那么因为太阳主含水嘛  
  
925  
00:35:21,960 --> 00:35:22,240  
对吧  
  
926  
00:35:22,280 --> 00:35:24,600  
那很容易那个那个袭击太阳  
  
927  
00:35:24,720 --> 00:35:26,280  
所以会有无风之之症状  
  
928  
00:35:27,000 --> 00:35:29,330  
而这个不误封，这个呢  
  
929  
00:35:29,850 --> 00:35:32,210  
就没有风在里头，它就是水偏重  
  
930  
00:35:32,250 --> 00:35:34,490  
我们讲一个风墙，一个水墙嘛  
  
931  
00:35:35,060 --> 00:35:35,260  
哎  
  
932  
00:35:35,580 --> 00:35:38,700  
那么所以说它一定是以水为主要特征  
  
933  
00:35:38,860 --> 00:35:42,020  
以水为主要特征的结果就是造成什么呢  
  
934  
00:35:42,550 --> 00:35:43,750  
水必然要趋下  
  
935  
00:35:43,990 --> 00:35:46,160  
所以说小便通利，没错吧  
  
936  
00:35:46,600 --> 00:35:49,160  
水趋下之后上焦阳气没有了  
  
937  
00:35:49,160 --> 00:35:50,240  
上焦就有寒  
  
938  
00:35:51,190 --> 00:35:53,630  
同学们上交有寒，会出现一个状况  
  
939  
00:35:55,310 --> 00:35:55,710  
喜唾  
  
940  
00:35:57,150 --> 00:35:58,030  
久不聊了者  
  
941  
00:35:58,070 --> 00:36:00,190  
此胸上有寒，怎么办呀  
  
942  
00:36:01,210 --> 00:36:01,450  
李  
  
943  
00:36:02,090 --> 00:36:02,890  
哎，李中丸  
  
944  
00:36:03,010 --> 00:36:03,490  
没错吧  
  
945  
00:36:03,850 --> 00:36:06,630  
所以伤寒金匮，一脉相承啊  
  
946  
00:36:06,630 --> 00:36:08,950  
我们还回到这个，它是一回事  
  
947  
00:36:09,230 --> 00:36:13,220  
那么所以这个多拓就是胸上有寒，哎  
  
948  
00:36:13,700 --> 00:36:18,180  
那么下焦的这个湿趋于下啊  
  
949  
00:36:18,500 --> 00:36:21,460  
寒在上则多咸啊  
  
950  
00:36:22,750 --> 00:36:23,390  
此为皇汉  
  
951  
00:36:24,470 --> 00:36:26,690  
那么这一段呢  
  
952  
00:36:26,690 --> 00:36:30,050  
你会发现他的行文第二条的整个行为非常美  
  
953  
00:36:30,800 --> 00:36:32,600  
就像汉乐府，我个人啊  
  
954  
00:36:32,920 --> 00:36:34,200  
可能我的眼界很少  
  
955  
00:36:34,240 --> 00:36:36,240  
我外语学的也不好啊  
  
956  
00:36:36,720 --> 00:36:42,060  
那么我认为古代医学经典能够写到这种华美文字啊  
  
957  
00:36:42,460 --> 00:36:44,580  
真的，这个美把我震撼了  
  
958  
00:36:45,070 --> 00:36:46,590  
就像汉代的乐府一样  
  
959  
00:36:47,070 --> 00:36:47,830  
开合有致  
  
960  
00:36:47,950 --> 00:36:49,630  
抑扬顿挫，是不是  
  
961  
00:36:49,630 --> 00:36:50,550  
你，你看啊  
  
962  
00:36:50,550 --> 00:36:52,950  
他讲风什么样，水什么样  
  
963  
00:36:52,950 --> 00:36:53,230  
对吧  
  
964  
00:36:53,590 --> 00:36:54,830  
然后风水什么样  
  
965  
00:36:54,830 --> 00:36:56,390  
再讲风什么样，水什么样  
  
966  
00:36:56,390 --> 00:36:57,190  
风水什么样  
  
967  
00:36:57,550 --> 00:36:59,630  
开合开合，抑扬顿挫  
  
968  
00:37:00,090 --> 00:37:00,290  
哎  
  
969  
00:37:00,410 --> 00:37:01,850  
前后对仗，呃  
  
970  
00:37:01,890 --> 00:37:05,970  
你真能读懂的话，你就会发现这个文章很多人觉得金贵  
  
971  
00:37:06,010 --> 00:37:08,170  
这个第二条水汽第二条非常乱  
  
972  
00:37:09,820 --> 00:37:10,820  
但是我不这么看  
  
973  
00:37:10,820 --> 00:37:13,900  
我反而觉得学写的这个笔法呀  
  
974  
00:37:14,100 --> 00:37:15,380  
绝美啊  
  
975  
00:37:15,690 --> 00:37:16,610  
你按照我这个思路  
  
976  
00:37:16,610 --> 00:37:18,330  
你再重新我讲课的  
  
977  
00:37:18,330 --> 00:37:19,490  
毕竟节奏比较快  
  
978  
00:37:19,790 --> 00:37:20,990  
你自己按照我这个思路  
  
979  
00:37:20,990 --> 00:37:22,070  
你回去把它梳理一下  
  
980  
00:37:22,270 --> 00:37:25,390  
你就发现古人他不但给你教他的知识  
  
981  
00:37:25,990 --> 00:37:29,950  
他更注重行文的时候这个韵律和阴阳的对仗啊  
  
982  
00:37:30,110 --> 00:37:31,630  
这个我不禁赞叹，啊  
  
983  
00:37:31,630 --> 00:37:32,750  
这个不禁赞叹  
  
984  
00:37:34,150 --> 00:37:35,790  
呃，好往下第三条  
  
985  
00:37:37,280 --> 00:37:37,840  
且听吧  
  
986  
00:37:37,840 --> 00:37:41,120  
今天18条了，第三条啊  
  
987  
00:37:42,360 --> 00:37:44,120  
往下走啊  
  
988  
00:37:46,120 --> 00:37:47,160  
寸口脉陈华  
  
989  
00:37:48,840 --> 00:37:51,960  
陈华呢中有什么水汽啊  
  
990  
00:37:53,080 --> 00:37:53,960  
他讲了一个事  
  
991  
00:37:54,600 --> 00:37:57,360  
面目肿大，有热明风水  
  
992  
00:37:58,550 --> 00:37:59,990  
他脸肿了，而且不但脸肿了  
  
993  
00:37:59,990 --> 00:38:00,950  
而且哪还肿了呢  
  
994  
00:38:01,350 --> 00:38:02,990  
眼睛是这道理吧  
  
995  
00:38:03,990 --> 00:38:04,310  
呃  
  
996  
00:38:05,230 --> 00:38:08,730  
是人之目，我这个本儿啊  
  
997  
00:38:09,450 --> 00:38:12,530  
呃，古今一统征类全书里头梅花本啊  
  
998  
00:38:12,530 --> 00:38:17,470  
1955年这个本子，他写的我我我我觉得有点问题啊  
  
999  
00:38:17,470 --> 00:38:20,670  
他这么说的叫木裹上惟庸  
  
1000  
00:38:20,870 --> 00:38:21,790  
其实这不对啊  
  
1001  
00:38:22,150 --> 00:38:23,150  
这应该叫啥呢  
  
1002  
00:38:23,830 --> 00:38:27,600  
穆科科就是眼眶这么个意思啊  
  
1003  
00:38:27,600 --> 00:38:31,600  
眼眶上不叫惟庸，叫微肿啊  
  
1004  
00:38:33,570 --> 00:38:35,490  
微肿如什么那样呢  
  
1005  
00:38:36,770 --> 00:38:37,050  
呃  
  
1006  
00:38:40,240 --> 00:38:45,460  
如蚕就好像一个眼皮顶上趴着一只蚕啊  
  
1007  
00:38:45,460 --> 00:38:48,340  
那没见过的蚕的同学可以去看看啊  
  
1008  
00:38:48,340 --> 00:38:51,180  
因为我们北方人一般不太容易见着这东西啊  
  
1009  
00:38:51,690 --> 00:38:53,450  
这肉虫子就好像趴上头了  
  
1010  
00:38:54,010 --> 00:38:56,570  
心卧起壮，就好像什么叫心卧起  
  
1011  
00:38:56,570 --> 00:38:58,210  
就人人刚睡醒觉刚睡醒  
  
1012  
00:38:58,920 --> 00:39:01,200  
有的时候眼皮好像是感觉有点肿似的  
  
1013  
00:39:01,200 --> 00:39:01,640  
对不对啊  
  
1014  
00:39:01,920 --> 00:39:02,120  
哎  
  
1015  
00:39:02,120 --> 00:39:02,960  
就这种感觉啊  
  
1016  
00:39:03,000 --> 00:39:03,800  
心卧起壮  
  
1017  
00:39:04,970 --> 00:39:08,490  
呃，其静脉动实时咳  
  
1018  
00:39:09,570 --> 00:39:12,330  
按其手足上限而不齐者  
  
1019  
00:39:12,450 --> 00:39:15,210  
风水就是你一按他这个手脚啊  
  
1020  
00:39:16,360 --> 00:39:17,160  
一抬起来  
  
1021  
00:39:18,080 --> 00:39:18,280  
哎  
  
1022  
00:39:18,400 --> 00:39:19,920  
这个就一坑  
  
1023  
00:39:20,080 --> 00:39:21,520  
还是刚才那个事，儿啊  
  
1024  
00:39:21,920 --> 00:39:25,680  
但他这一条唯独就有一个事儿  
  
1025  
00:39:26,400 --> 00:39:27,480  
唯独有一个事啊  
  
1026  
00:39:27,720 --> 00:39:29,040  
他提了一个啥问题呢  
  
1027  
00:39:29,440 --> 00:39:31,970  
就是眼睛上眼眶肿  
  
1028  
00:39:32,090 --> 00:39:33,890  
像趴一个残一样，对不对啊  
  
1029  
00:39:34,330 --> 00:39:35,210  
实际上这个呢  
  
1030  
00:39:35,210 --> 00:39:38,610  
也并非仲景先师首创，源于哪  
  
1031  
00:39:38,610 --> 00:39:43,050  
儿源于灵枢经，灵枢有一篇叫水涨水涨论啊  
  
1032  
00:39:43,330 --> 00:39:45,890  
中间有原话，水食其也  
  
1033  
00:39:46,960 --> 00:39:51,660  
木科上微肿，如心卧起之状啊  
  
1034  
00:39:51,780 --> 00:39:53,140  
他讲讲这么一个问题  
  
1035  
00:39:53,620 --> 00:39:53,900  
呃  
  
1036  
00:39:55,380 --> 00:39:56,260  
那么因此说呢  
  
1037  
00:39:56,260 --> 00:39:57,580  
本身我们讲伤寒金贵  
  
1038  
00:39:57,620 --> 00:39:58,860  
发明内经，奥止啊  
  
1039  
00:39:59,100 --> 00:40:01,260  
这个从这个上头看是非常确切的  
  
1040  
00:40:01,600 --> 00:40:02,800  
他的脉象是辰华  
  
1041  
00:40:02,960 --> 00:40:05,040  
辰主水华，在这主什么  
  
1042  
00:40:05,360 --> 00:40:09,040  
主热热气内郁，水热内郁嘛  
  
1043  
00:40:09,040 --> 00:40:09,520  
对不对啊  
  
1044  
00:40:09,840 --> 00:40:10,040  
哎  
  
1045  
00:40:10,040 --> 00:40:12,160  
在伤寒里头，你如果水和热内郁  
  
1046  
00:40:12,600 --> 00:40:13,760  
你要郁于中焦  
  
1047  
00:40:14,180 --> 00:40:17,300  
那就变成了所谓大陷胸汤，症欲于下焦呢  
  
1048  
00:40:17,860 --> 00:40:19,300  
有猪苓等汤  
  
1049  
00:40:19,960 --> 00:40:21,920  
但是这个呢，叫叫玉在哪儿了  
  
1050  
00:40:21,920 --> 00:40:22,920  
愈在皮肤上了  
  
1051  
00:40:23,200 --> 00:40:24,240  
玉在皮肤上怎么办  
  
1052  
00:40:24,720 --> 00:40:25,720  
当发汗乃愈  
  
1053  
00:40:26,000 --> 00:40:29,560  
所以这个呢，当以我我我个人篡夺啊  
  
1054  
00:40:29,920 --> 00:40:32,520  
当以月壁汤为之政治啊  
  
1055  
00:40:32,520 --> 00:40:35,280  
这个以后我们我们会会讲到粤壁汤  
  
1056  
00:40:36,500 --> 00:40:39,140  
呃，所以不是古方不能治今病啊  
  
1057  
00:40:39,140 --> 00:40:42,540  
而是我们对它是否我能理解  
  
1058  
00:40:43,180 --> 00:40:45,180  
但是反之，也不是古方无所不能  
  
1059  
00:40:45,580 --> 00:40:48,420  
我们也应该知道知常而答辩啊  
  
1060  
00:40:50,920 --> 00:40:53,680  
呃，那么这是第三条第四条啊  
  
1061  
00:40:54,000 --> 00:40:56,040  
接着往下看，太阳病  
  
1062  
00:40:57,000 --> 00:40:59,520  
脉浮而紧法当骨节疼痛  
  
1063  
00:41:00,310 --> 00:41:01,390  
这个是没错的啊  
  
1064  
00:41:01,430 --> 00:41:02,790  
你看伤寒论第50条  
  
1065  
00:41:02,870 --> 00:41:04,990  
当时就讲脉浮紧者法  
  
1066  
00:41:04,990 --> 00:41:08,160  
当身疼痛易汗解释对吧  
  
1067  
00:41:08,480 --> 00:41:11,800  
后头还说一句话，假令尺中迟者不可发汗啊  
  
1068  
00:41:12,280 --> 00:41:13,840  
那么就是其实里虚的人不能发  
  
1069  
00:41:13,880 --> 00:41:16,560  
但是这块就有，但是了啊  
  
1070  
00:41:17,330 --> 00:41:18,490  
反不疼，诶  
  
1071  
00:41:18,490 --> 00:41:20,650  
这个人脉浮紧本身应该疼吧，是不是啊  
  
1072  
00:41:20,930 --> 00:41:21,650  
结果他不疼  
  
1073  
00:41:22,050 --> 00:41:26,110  
不疼之后有没有别的症状的有身体反重而酸  
  
1074  
00:41:26,430 --> 00:41:27,230  
这是什么问题啊  
  
1075  
00:41:27,230 --> 00:41:29,570  
我个人认为这就是一个失血啊  
  
1076  
00:41:29,650 --> 00:41:33,130  
湿邪其人不渴，汗出即欲此为风水  
  
1077  
00:41:33,130 --> 00:41:33,930  
那为啥不渴呀  
  
1078  
00:41:34,450 --> 00:41:35,570  
因为身体里头有湿  
  
1079  
00:41:36,320 --> 00:41:37,720  
那你怎么能解决呢  
  
1080  
00:41:37,920 --> 00:41:39,720  
那就是让它出汗就解决了  
  
1081  
00:41:40,640 --> 00:41:42,560  
后头出现一个词叫恶寒者  
  
1082  
00:41:43,300 --> 00:41:45,060  
这个词咱们注意一下  
  
1083  
00:41:46,180 --> 00:41:47,660  
它讲的是一个特殊情况  
  
1084  
00:41:48,890 --> 00:41:51,170  
需要注意，什么情况需要注意  
  
1085  
00:41:51,170 --> 00:41:51,890  
就这人怕冷  
  
1086  
00:41:52,850 --> 00:41:53,050  
哎  
  
1087  
00:41:53,050 --> 00:41:54,570  
那你说这个怕冷还需要注意吗  
  
1088  
00:41:54,570 --> 00:41:54,970  
需要  
  
1089  
00:41:55,750 --> 00:41:57,070  
而且后头给你注释了  
  
1090  
00:41:57,070 --> 00:41:58,310  
为啥怕冷需要注意  
  
1091  
00:41:58,590 --> 00:42:02,440  
因为在这种身体浮肿之后脉浮紧的状态啊  
  
1092  
00:42:03,000 --> 00:42:04,480  
这个这个应该浮肿  
  
1093  
00:42:05,400 --> 00:42:07,040  
呃，应该这个不可  
  
1094  
00:42:07,670 --> 00:42:08,470  
他不会怕冷  
  
1095  
00:42:09,150 --> 00:42:10,390  
因为有表实对吧  
  
1096  
00:42:10,750 --> 00:42:13,270  
外表毛透是是是是是紧密的啊  
  
1097  
00:42:13,270 --> 00:42:15,790  
人身体是还是阳气比较充盛的  
  
1098  
00:42:16,070 --> 00:42:18,830  
那么怕冷之后就说明出现了一个问题  
  
1099  
00:42:19,070 --> 00:42:22,490  
此为什么急需这块，我要解释一下啊  
  
1100  
00:42:23,050 --> 00:42:25,370  
因为这块很多人被他误导了  
  
1101  
00:42:28,160 --> 00:42:32,080  
包括我们现行本的伤寒论的教材也被误导了  
  
1102  
00:42:32,720 --> 00:42:34,560  
那么在这我并没有  
  
1103  
00:42:35,480 --> 00:42:36,840  
呃，并没有别的意思啊  
  
1104  
00:42:37,280 --> 00:42:40,760  
那么教材也是允许有误差的是吧  
  
1105  
00:42:40,760 --> 00:42:43,800  
这个也不是说教材就一定是金科玉律  
  
1106  
00:42:44,140 --> 00:42:45,060  
呃，就不能错  
  
1107  
00:42:45,540 --> 00:42:46,860  
那么因为我们伤寒论里头呢  
  
1108  
00:42:46,860 --> 00:42:47,500  
实际上呃  
  
1109  
00:42:47,580 --> 00:42:51,710  
你比如说你看那个杀寒论第130条啊，不错了  
  
1110  
00:42:51,830 --> 00:42:52,590  
380条  
  
1111  
00:42:52,870 --> 00:42:57,810  
它里面说伤寒大吐大夏之急需负极汉者，有这么一条吧  
  
1112  
00:42:58,810 --> 00:42:59,850  
那么这个急需呢  
  
1113  
00:43:00,010 --> 00:43:03,210  
那么我们教材对它的解释就是说非常需  
  
1114  
00:43:04,130 --> 00:43:05,010  
这个显然啊  
  
1115  
00:43:05,010 --> 00:43:09,290  
是对古文的行文习惯啊，呃  
  
1116  
00:43:09,790 --> 00:43:11,630  
它发生了一个误读  
  
1117  
00:43:12,110 --> 00:43:14,790  
实际上集和虚按照古人的行为习惯  
  
1118  
00:43:14,790 --> 00:43:16,070  
尤其是汉代的行为习惯  
  
1119  
00:43:16,510 --> 00:43:18,070  
集和虚它是两个词  
  
1120  
00:43:18,590 --> 00:43:20,670  
大家明白了吧，级代表啥  
  
1121  
00:43:21,150 --> 00:43:26,350  
五劳六级代表这个就是什么意思呢  
  
1122  
00:43:26,390 --> 00:43:27,390  
这个大伙儿能明白  
  
1123  
00:43:27,390 --> 00:43:30,230  
比如肝肝为脾疾之本是不是这个道理啊  
  
1124  
00:43:30,550 --> 00:43:31,590  
疾指的是什么  
  
1125  
00:43:31,930 --> 00:43:36,090  
已经没有了的前提下透支了虚  
  
1126  
00:43:36,330 --> 00:43:38,650  
就是由于透支带来的虚损  
  
1127  
00:43:39,760 --> 00:43:40,720  
这个大家明白了吧  
  
1128  
00:43:41,080 --> 00:43:43,080  
就是不但虚损，而且透支  
  
1129  
00:43:43,400 --> 00:43:44,920  
不但透支，而且还虚损  
  
1130  
00:43:45,320 --> 00:43:47,660  
这个叫急需，不是非常虚  
  
1131  
00:43:48,020 --> 00:43:50,840  
如果按照我们今天人的理解方式  
  
1132  
00:43:51,040 --> 00:43:52,800  
你认为急需是非常虚的话  
  
1133  
00:43:53,040 --> 00:43:55,880  
如果仲景先逝，那年代他会说大虚  
  
1134  
00:43:56,600 --> 00:43:57,600  
这个大家明白了吧  
  
1135  
00:43:57,880 --> 00:43:59,680  
他不用集字集指的是什么  
  
1136  
00:44:00,000 --> 00:44:03,550  
五劳六吉的吉，就是你已经精疲力尽了  
  
1137  
00:44:03,550 --> 00:44:04,310  
已经没有了  
  
1138  
00:44:04,310 --> 00:44:07,070  
但是他还要输出，这个就要伤了  
  
1139  
00:44:07,470 --> 00:44:09,470  
五劳六级的后面是什么  
  
1140  
00:44:09,470 --> 00:44:11,070  
是七伤是吧  
  
1141  
00:44:11,690 --> 00:44:11,890  
诶  
  
1142  
00:44:13,610 --> 00:44:15,570  
讲的是这个问题，呃  
  
1143  
00:44:16,450 --> 00:44:18,930  
那么所以这块的断句啊  
  
1144  
00:44:18,930 --> 00:44:21,810  
我个人认为啊，这个应该是这么断  
  
1145  
00:44:22,560 --> 00:44:22,760  
呃  
  
1146  
00:44:22,880 --> 00:44:24,520  
因为古代这块他没断句啊  
  
1147  
00:44:24,960 --> 00:44:26,080  
断断句应该这么断  
  
1148  
00:44:26,080 --> 00:44:29,640  
叫此为急需发汗，得知这个大家明白了吗  
  
1149  
00:44:30,000 --> 00:44:30,600  
啥意思  
  
1150  
00:44:31,440 --> 00:44:33,240  
他这个急需是形容谁的  
  
1151  
00:44:33,440 --> 00:44:36,560  
形容发汗的就是医生来了之后说，哎  
  
1152  
00:44:36,600 --> 00:44:38,160  
我照我老师学了  
  
1153  
00:44:38,160 --> 00:44:39,860  
我老师告诉我说，啊  
  
1154  
00:44:39,900 --> 00:44:40,940  
这个浮肿我会治  
  
1155  
00:44:41,820 --> 00:44:42,300  
我会治  
  
1156  
00:44:42,580 --> 00:44:43,620  
这不就月壁汤吗  
  
1157  
00:44:44,330 --> 00:44:45,610  
一记月壁汤下去了  
  
1158  
00:44:46,450 --> 00:44:48,170  
那你没看看尺脉虚不虚啊  
  
1159  
00:44:48,410 --> 00:44:49,250  
我们刚才讲了吧  
  
1160  
00:44:49,250 --> 00:44:51,250  
假令尺中迟者不可发汗，对不对啊  
  
1161  
00:44:51,810 --> 00:44:52,090  
哎  
  
1162  
00:44:52,560 --> 00:44:55,830  
结果咣当一剂药下去之后，见点好  
  
1163  
00:44:55,950 --> 00:44:56,950  
好像消消气点  
  
1164  
00:44:57,310 --> 00:44:58,590  
但这人虚的更厉害了  
  
1165  
00:44:58,590 --> 00:44:59,030  
没关系  
  
1166  
00:44:59,230 --> 00:45:00,030  
接着再来一记  
  
1167  
00:45:00,230 --> 00:45:02,590  
咣当下去了，这把就坏了吧  
  
1168  
00:45:03,150 --> 00:45:04,720  
没动静了，诶  
  
1169  
00:45:04,760 --> 00:45:05,720  
咋还没动静了呢  
  
1170  
00:45:05,720 --> 00:45:08,200  
咣当再来一记，再把剂量追加  
  
1171  
00:45:08,920 --> 00:45:12,730  
这叫一逆尚引日再逆促命期啊  
  
1172  
00:45:12,930 --> 00:45:14,490  
你不断的在犯错误，对吧  
  
1173  
00:45:14,490 --> 00:45:16,250  
在同一个问题上不断的犯错误  
  
1174  
00:45:16,450 --> 00:45:18,210  
不断的在误用药物  
  
1175  
00:45:19,310 --> 00:45:20,670  
还让家属买单啊  
  
1176  
00:45:21,030 --> 00:45:23,950  
说这我这针一针1万块，打一针没效果  
  
1177  
00:45:23,950 --> 00:45:24,710  
再来一针吧  
  
1178  
00:45:25,940 --> 00:45:28,140  
你认为今天的人就不犯古人的错误吗  
  
1179  
00:45:28,900 --> 00:45:30,220  
是药越贵越好吗  
  
1180  
00:45:30,780 --> 00:45:31,740  
不是这个道理了吧  
  
1181  
00:45:32,020 --> 00:45:32,980  
1万块钱的药  
  
1182  
00:45:33,810 --> 00:45:36,530  
他对了他值1万，不对  
  
1183  
00:45:37,530 --> 00:45:38,450  
他还值1万吗  
  
1184  
00:45:38,490 --> 00:45:39,530  
我们就说这个道理  
  
1185  
00:45:39,890 --> 00:45:41,130  
多么简单的道理啊  
  
1186  
00:45:42,010 --> 00:45:42,250  
啊  
  
1187  
00:45:42,850 --> 00:45:43,850  
就是这个事啊  
  
1188  
00:45:45,730 --> 00:45:47,370  
那么所以，呃  
  
1189  
00:45:47,990 --> 00:45:49,030  
就造成一个问题啊  
  
1190  
00:45:49,470 --> 00:45:51,430  
你无数次的给他发汗  
  
1191  
00:45:51,870 --> 00:45:53,510  
而且是在不该发汗的时候发  
  
1192  
00:45:53,510 --> 00:45:55,390  
最后就造成了一个问题叫无寒  
  
1193  
00:45:56,090 --> 00:45:57,450  
那所以这个时候该怎么办  
  
1194  
00:45:58,250 --> 00:45:58,450  
哎  
  
1195  
00:45:58,850 --> 00:45:59,610  
这时候该怎么办  
  
1196  
00:45:59,890 --> 00:46:04,340  
那你就不能再犯所谓虚虚实实之戒啊  
  
1197  
00:46:05,700 --> 00:46:05,900  
呃  
  
1198  
00:46:06,500 --> 00:46:07,660  
观其脉证，知犯何逆  
  
1199  
00:46:07,660 --> 00:46:08,460  
随证治治吧  
  
1200  
00:46:08,660 --> 00:46:09,220  
这个  
  
1201  
00:46:10,140 --> 00:46:10,340  
嗯  
  
1202  
00:46:10,460 --> 00:46:11,300  
没有标准答案  
  
1203  
00:46:11,580 --> 00:46:12,580  
看具体情况吧  
  
1204  
00:46:13,380 --> 00:46:15,740  
那么渴而不恶寒  
  
1205  
00:46:15,820 --> 00:46:16,860  
为脾水啊  
  
1206  
00:46:18,100 --> 00:46:20,700  
身肿耳冷，状如周毕  
  
1207  
00:46:21,980 --> 00:46:22,260  
呃  
  
1208  
00:46:25,060 --> 00:46:26,900  
那么这段啊，讲一个问题  
  
1209  
00:46:26,900 --> 00:46:27,700  
什么叫周必  
  
1210  
00:46:29,740 --> 00:46:30,020  
呃  
  
1211  
00:46:31,120 --> 00:46:33,360  
那么所谓周啊  
  
1212  
00:46:33,960 --> 00:46:37,040  
我们说人之大气流于周身  
  
1213  
00:46:38,010 --> 00:46:41,650  
真气之不周于身，则为周必啊  
  
1214  
00:46:42,090 --> 00:46:44,210  
那浑身他就气机走不到了，对吧  
  
1215  
00:46:44,650 --> 00:46:45,490  
唉，则为周B  
  
1216  
00:46:45,890 --> 00:46:50,200  
那么无论是这个前头说的呃，渴而不恶寒  
  
1217  
00:46:50,400 --> 00:46:54,480  
这个皮水还是真气不周的这个周壁  
  
1218  
00:46:55,240 --> 00:46:58,400  
他其实无非都是发汗太过对吧  
  
1219  
00:46:58,600 --> 00:47:01,540  
大旱太过造成精气内耗  
  
1220  
00:47:02,180 --> 00:47:04,300  
人空了造成的这个问题  
  
1221  
00:47:05,940 --> 00:47:08,980  
呃，那么周必啥特点啊  
  
1222  
00:47:11,380 --> 00:47:16,060  
胸中志那么喘不上来，气儿啊  
  
1223  
00:47:16,140 --> 00:47:16,740  
不能食  
  
1224  
00:47:19,220 --> 00:47:21,660  
反剧痛聚就是聚集的意思啊  
  
1225  
00:47:22,060 --> 00:47:24,640  
木躁不得眠为黄汗，呃  
  
1226  
00:47:24,760 --> 00:47:28,360  
那就是过度发汗之后造成什么阳气淤住了啊  
  
1227  
00:47:28,640 --> 00:47:29,520  
阳气淤住了  
  
1228  
00:47:29,940 --> 00:47:33,740  
呃阳于胸中而水水水就怎么样  
  
1229  
00:47:33,740 --> 00:47:35,700  
没有阳气气化，水就结起来了  
  
1230  
00:47:36,220 --> 00:47:37,860  
则欲在体内，则为黄汗  
  
1231  
00:47:38,100 --> 00:47:40,290  
还是我们刚才说的，额  
  
1232  
00:47:40,730 --> 00:47:41,930  
黄维脾色对吧  
  
1233  
00:47:42,490 --> 00:47:46,810  
哎，黄维脾色那么所谓还是预热在内啊  
  
1234  
00:47:53,860 --> 00:47:58,970  
痛在骨节咳而喘不渴者  
  
1235  
00:47:59,170 --> 00:48:01,080  
此为脾胀  
  
1236  
00:48:01,840 --> 00:48:03,240  
当然有传本认为是肺胀  
  
1237  
00:48:03,280 --> 00:48:04,120  
我觉得不对啊  
  
1238  
00:48:04,120 --> 00:48:09,040  
应该这个应该是脾脏骨头节儿疼，咳喘不渴  
  
1239  
00:48:12,240 --> 00:48:14,800  
其状如肿，那为啥有人认为是肺胀呢  
  
1240  
00:48:14,800 --> 00:48:16,720  
他因为考虑到咳喘啊  
  
1241  
00:48:16,720 --> 00:48:19,480  
考虑到这个发汗积郁  
  
1242  
00:48:20,780 --> 00:48:24,020  
嗯啊，这个发汗给予呃  
  
1243  
00:48:25,370 --> 00:48:28,530  
然诸病此者渴而下痢  
  
1244  
00:48:29,090 --> 00:48:30,690  
小便硕者皆不可发汗  
  
1245  
00:48:31,980 --> 00:48:34,700  
那小便硕者不可发汗，指的是下焦虚啊  
  
1246  
00:48:35,700 --> 00:48:36,420  
就是尿频嘛  
  
1247  
00:48:36,420 --> 00:48:38,060  
这人尿尿频的时候不行  
  
1248  
00:48:39,910 --> 00:48:40,990  
呃，第五条  
  
1249  
00:48:43,740 --> 00:48:45,100  
月毕加猪汤出来了  
  
1250  
00:48:45,540 --> 00:48:48,540  
离水者一身面目黄肿，其脉沉小便不利  
  
1251  
00:48:48,660 --> 00:48:52,060  
这个大家一看就是啥呀水蓄在里头了吧  
  
1252  
00:48:52,860 --> 00:48:55,660  
一身面目不但肿，而且又肿又黄  
  
1253  
00:48:56,380 --> 00:48:58,350  
黄为土色，脉沉  
  
1254  
00:48:58,550 --> 00:48:59,590  
证明什么  
  
1255  
00:49:00,870 --> 00:49:03,630  
水相脉沉为水相呃  
  
1256  
00:49:05,740 --> 00:49:07,300  
那么小便不利  
  
1257  
00:49:09,100 --> 00:49:10,700  
故令病水  
  
1258  
00:49:11,340 --> 00:49:12,580  
那后面还说一个问题  
  
1259  
00:49:13,180 --> 00:49:16,800  
假如小便自立死亡，津液孤零可也啊  
  
1260  
00:49:16,840 --> 00:49:19,870  
这个说的是一个也是一个对比的行为  
  
1261  
00:49:20,350 --> 00:49:21,030  
前头说呢  
  
1262  
00:49:21,710 --> 00:49:24,190  
这个人有离水，身体里头有蓄水对吧  
  
1263  
00:49:24,630 --> 00:49:26,830  
然后周身面目又黄又肿  
  
1264  
00:49:27,340 --> 00:49:29,340  
那么脉沉，则主里小便不利  
  
1265  
00:49:29,340 --> 00:49:30,380  
就是水碎在里头了  
  
1266  
00:49:30,700 --> 00:49:33,100  
但是如果小便通了  
  
1267  
00:49:34,070 --> 00:49:34,990  
这个人还渴  
  
1268  
00:49:35,590 --> 00:49:37,150  
这是不是一个复杂问题了吧  
  
1269  
00:49:37,870 --> 00:49:41,510  
那你小便不通，这个就是我们通小便就行了呗  
  
1270  
00:49:41,710 --> 00:49:43,270  
那你小便通了也不行  
  
1271  
00:49:43,890 --> 00:49:45,010  
通了也不行，咋办  
  
1272  
00:49:45,610 --> 00:49:46,810  
他不但告诉你通了不行  
  
1273  
00:49:46,810 --> 00:49:48,650  
而且王继业王继业啥意思啊  
  
1274  
00:49:49,530 --> 00:49:50,610  
是不是津液没有了  
  
1275  
00:49:51,170 --> 00:49:51,650  
所以呢  
  
1276  
00:49:52,330 --> 00:49:53,570  
这个就讲了人呢  
  
1277  
00:49:53,730 --> 00:49:57,630  
实际上水呢，也可以分内外小便之水为内水  
  
1278  
00:49:58,230 --> 00:49:59,590  
汗出之水为外水  
  
1279  
00:50:00,090 --> 00:50:01,010  
那么正常呢  
  
1280  
00:50:01,610 --> 00:50:04,090  
内水能流通，外水也就行起来了  
  
1281  
00:50:04,130 --> 00:50:06,990  
所谓通调水道，周深之水全能转起来  
  
1282  
00:50:07,270 --> 00:50:09,350  
但是现在眼下的难点在于什么  
  
1283  
00:50:09,750 --> 00:50:12,190  
内水虽行而外水不解  
  
1284  
00:50:12,760 --> 00:50:16,830  
那么整个外头的水它不运动，这种情况怎么办  
  
1285  
00:50:17,070 --> 00:50:21,870  
那么所以用月币加猪汤就是为什么他不用月币糖，大家明白了没有  
  
1286  
00:50:22,380 --> 00:50:24,860  
如果月壁汤，它就单纯是一个外水的问题  
  
1287  
00:50:25,060 --> 00:50:25,860  
这大家懂了吧  
  
1288  
00:50:26,380 --> 00:50:28,780  
加了一个猪，就是内外兼顾  
  
1289  
00:50:29,100 --> 00:50:30,460  
猪是主内还是主外啊  
  
1290  
00:50:30,930 --> 00:50:32,810  
白术主内，哎  
  
1291  
00:50:32,810 --> 00:50:33,770  
大伙听明白了  
  
1292  
00:50:34,010 --> 00:50:35,970  
那么这就是为啥同样一个水肿  
  
1293  
00:50:35,970 --> 00:50:37,330  
有的时候你看他用月壁汤  
  
1294  
00:50:37,780 --> 00:50:39,660  
有的时候用月币加猪汤  
  
1295  
00:50:40,060 --> 00:50:41,820  
有的时候还用月壁加半夏躺啊  
  
1296  
00:50:41,820 --> 00:50:44,180  
咱们就讲古人，他不是随便用的  
  
1297  
00:50:44,180 --> 00:50:44,940  
它都有道理  
  
1298  
00:50:45,260 --> 00:50:46,660  
那么如果外水不行  
  
1299  
00:50:47,450 --> 00:50:48,450  
呃，内水通了啊  
  
1300  
00:50:48,530 --> 00:50:49,850  
但外水还不行的时候  
  
1301  
00:50:49,890 --> 00:50:51,050  
那你就要用白猪  
  
1302  
00:50:51,210 --> 00:50:52,130  
用白猪干什么  
  
1303  
00:50:53,510 --> 00:50:56,460  
用它这个开太阴  
  
1304  
00:50:57,100 --> 00:51:00,660  
哎，起这个我讲叫脾土悲兼之气啊  
  
1305  
00:51:01,340 --> 00:51:03,300  
那么就能解决问题啊  
  
1306  
00:51:03,620 --> 00:51:04,420  
能解决问题  
  
1307  
00:51:05,770 --> 00:51:05,970  
好  
  
1308  
00:51:06,010 --> 00:51:07,010  
我们这堂课呢  
  
1309  
00:51:07,410 --> 00:51:08,730  
讲了这么多  
  
1310  
00:51:08,730 --> 00:51:11,410  
一会儿啊，先休息一会儿的时候呢  
  
1311  
00:51:11,410 --> 00:51:12,970  
咱们继续聊啊  
  
1312  
00:51:13,770 --> 00:51:14,450  
下课吧